## Empirical RF Propagation Modeling of Human Body Motions for Activity Classification

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For My Beloved Families

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### Abstract

Many current and future medical devices are wearable, using the human body as a conduit for wireless communication, which implies that human body serves as a crucial part of the transmission medium in body area networks (BANs). Implantable medical devices are designed to provide patients with timely monitoring and clinical diagnostic tools to detect physiological abnormalities. Body-mounted sensors are investigated for use in providing a ubiquitous monitoring environment. In order to better design these medical devices, it is important to understand the propagation characteristics of channels for in-body and on-body wireless communication in BANs.

This thesis is focused on the propagation characteristics of human body movements. Specifically, standing, walking and jogging motions are measured, evaluated and analyzed using an empirical approach. Using a network analyzer, probabilistic models are derived for the communication links in the medical implant communication service band (MICS), the industrial scientific medical band (ISM) and the ultra-wideband (UWB) band. Statistical distributions of the received signal strength and second order statistics are presented to evaluate the link quality and outage performance for on-body to on-body communications at different antenna separations. The Normal distribution, Gamma distribution, Rayleigh distribution, Weibull distribution, Nakagamim distribution, and Lognormal distribution are considered as potential models to describe the observed variation of received signal strength. Doppler spread in the frequency domain and coherence time in the time domain from temporal variations is analyzed to characterize the stability of the channels induced by human body movements. The shape of the Doppler spread spectrum is also investigated to describe the relationship of the power and frequency in the frequency domain. All these channel characteristics could be used in the design of communication protocols in BANs, as well as providing features to classify different human body activities.

Realistic data extracted from built-in sensors in smart devices were used to assist in modeling and classification of human body movements along with the RF sensors. Variance, energy and frequency domain entropy of the data collected from accelerometer and orientation sensors are pre-processed as features to be used in machine learning algorithms. Activity classifiers with Backpropagation Network, Probabilistic Neural Network, *k*-Nearest Neighbor algorithm and Support Vector Machine are discussed and evaluated as means to discriminate human body motions. The detection accuracy can be improved with both RF sensors and inertial sensors.

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## Glossary

**RF:** Radio Frequency BANs: Body Area Network ICD: Implantable Cardiac Defibrillator MICS: Medical Implant Communication Service band ISM: Industrial Scientific and Medical band WMTS: Wireless Medical Telemetry Service UWB: Ultra-wideband VNA: Vector Network Analyzer PL: Path Loss PDF: Probability Density Function CDF: Cumulative Density Function RMS: Root Mean Square **RSS:** Received Signal Strength TG: Task Group CM: Channel Model LOS: Line of Sight NLOS: Non Line of Sight TX: Transmitter **RX:** Receiver PSD: Power Spectral Density PDP: Power Delay Profile MEMS: Micro-Electromechanical Systems HMM: Hidden Markov Model SVM: Support Vector Machine PNN: Probabilistic Neural Network **BP: Back Propagation** kNN: *k*-Nearest Neighbor

GI: Gastrointestinal

### **1** Introduction

#### 1.1 Background

In recent years, there has been a growing interest in Body Area Networks (BANs) for a variety of healthcare applications. The development of micro-electromechanical systems (MEMS) technology as well as the advancement in digital electronics and wireless communications made it possible to design small size, low cost, energy efficient, power scavenging, harmless medical and non-medical devices that could be placed inside or on the surface of the human body. Traditionally, healthcare monitoring is performed on a periodic check basis where the doctor must remember the symptoms, perform some tests and plan the diagnostic in the treatment in the hospital. And medical devices are usually attached to patients by wires. Many current and future medical devices are wearable and the human body is used as a conduit for wireless communication, which implies that the human body becomes a crucial part of the transmission medium in BANs <sup>[1, 2]</sup>. Implantable devices such as Endoscopy Capsule are also investigated to effectively detect abnormalities <sup>[4-7]</sup>. These new emerging technology enables the development of in-home assistance, smart nursing homes, and efficiently handling of emergency cases, where physicians could be aware of the patients' situations and prepare immediately for needed treatment<sup>[10]</sup>.

The healthcare applications of wireless networks can be divided into two main categories: in-body and on-body medical devices. On one hand, the in-body medical devices include Pacemaker, Endoscopy Capsule, Implantable Cardiac Defibrillator (ICD) <sup>[11]</sup>, Glucose Sensor, pH Monitor, etc. The Pacemaker performs daily remote monitoring and provides the patients with timely notification of emergency situation. This implantable, long-durable medical device is also capable of remote follow-up through back-end networks. Traditional clinical diagnostic of the stomach is performed with gastroscopy where the physicians operate with a long wire connected to the medical device on one end, while the needle camera on the other end is put into the mouth and goes from esophagus to stomach to detect problem problems in the stomach. Recently, the Endoscopy Capsule <sup>[12]</sup> replaces the wired apparatus in visualizing the stomach and small intestine to detect, diagnose and monitor abnormalities. This swallowable capsule does not only reduce the

patient's discomfort, but also increases the efficiency of the treatment from the physician's perspective. Moreover, the Implantable Cardiac Defibrillator is intended to protect patients against ventricular arrhythmias and helps patients to recover from inappropriate shocks. As a result, the patients are able to self-cure from unexpected accidents instead of waiting for an ambulance. On the other hand, the on-body medical devices include blood pressure sensor, motion sensor, temperature sensor, etc. As the percentage of elders grows in the whole population, "smart healthcare" is increasingly viewed as a means of assisting residents and caregivers by providing continuous medical monitoring, medical records access and emergency communication. Information on residents' health and life habits can be helpful for on-going diagnostics and future treatment. These in-body and on-body medical devices greatly help patients to recover from emergency situations while informing physicians of the patients' health status.

Many medical devices are emerging in the industrial fields. The GivenImaging company <sup>[12]</sup> has developed the PillCam platform to detect the abnormalities in the GI tract, along with pH monitoring to help treat gastroesophageal reflux disease, etc. The St. Jude Medical organization has provided patients with Pacemakers to perform daily monitoring, ICDs to efficiently deliver the right therapy at the right time, etc. At the same time, research projects are also carried out to solve the challenges in BANs. The UbiMon<sup>[13]</sup> is designed to provide a ubiquitous monitoring environment for wearable and implantable sensors. The CodeBlue <sup>[14, 15]</sup> is an ad hoc sensor network infrastructure for emergency medical care project developed at Harvard University. The MobiHealth <sup>[16]</sup> is a project based on a European initiative to create in-home healthcare assistance. However, challenges still remain to be solved in the research and industrial fields. The design and integration of Biosensor and system requires the medical device to be small in size, assuring reduced risk to body tissues. The lifetime of medical devices needs to be longer, achievable with the miniaturization of power sources. For the security issues, medical devices are potentially vulnerable to interference and intrusion, which can result in lifethreatening situations as well as compromises of privacy. For system robustness, the failure of one node should be detectable and recoverable immediately to protect patients from harm. These key technologies are essential to future pervasive healthcare systems in BANs <sup>[17]</sup>.

The IEEE 802.15.6 Task Group 6 is working on the standardization of Body Area Networks <sup>[18-22]</sup>, include propagation characteristics and Medium Access Control protocols for the Medical Implant Communication Service (MICS) band, the Industrial Scientific and Medical (ISM) band and the Ultra-wideband (UWB) band. Seven channel models are defined in the standard specifications to describe the possible communication links for the implant node, body surface node and external node in BANs. Considering the effects of small scale fading, large scale fading and shadowing due to the energy absorption, reflection and diffraction by the body tissues, a variety of path loss models are statistically derived for different scenarios at all possible bands. A power delay profile (PDP) model for ultra-wideband is given along with the corresponding parameters. Except for the research of fading effects of the human body, real time channel measurements by use of a channel sounder has also been performed <sup>[23]</sup>. Various body surface positions and three human body motions are considered in this thesis. The Normal, Lognormal and Weibull distributions are considered as the possible statistical descriptions of the received power. The channel Power Spectral Density (PSD) is also discussed to show the frequency selective fading effects for standing and walking motions at different frequency bands and different antenna separations<sup>[22]</sup>.

But there are still many challenges in BANs, which call for increasing mobility, higher capacity and lower power consumption. In order to better design wireless devices for health care applications, it is essential to understand the propagation characteristics in BANs <sup>[24-36]</sup>. Furthermore, understanding the performance of on-body communication links is also important in designing and evaluating Medium Access Control protocols for specific scenarios <sup>[37, 38]</sup>.

#### 1.2 Motivation

As more and more elders suffer from heart attack, stroke, Parkinson's syndrome <sup>[39]</sup> or paralysis, remote healthcare monitoring systems <sup>[40-43]</sup> become of increasing importance as means to notify and update physicians about the current status of their patients. Also patients could receive treatment immediately in emergency situations, which can be aided by accurate human body motion detection and wireless connection to the emergency alarm system in the hospital. In addition to in-hospital applications, there are also needs

to track daily steps, distance walked, calories burned, hours slept, stairs climbed in people's daily lives. A lot of mobile applications on the iPhone and on the Android devices are emerging online in the market to meet a variety of daily needs. Activity recognition would also improve localization accuracy in tracking a person's location inside a building or in a downtown area and updating positions in the navigation systems. Moreover, human body motion detection is appealing for application in the entertainment environment. For example, the inertial sensors are employed in Wii or PS3 to record, classify and visualize human motions via hand-held controllers.

With body mounted sensors, the human body motions can be recognized and remotely detected in a variety of situations. In BANs, temporal variations of the communication channel are related to body conditions, body motions, antenna positions, frequency bands and the surrounding environment. The general characterization of on-body fading channels can best be analyzed thoroughly in a scenario-based approach <sup>[23]</sup>. Among all the influenced factors mentioned above, the human body motion is a key factor leading to a greater variation of the communication channel. This RF propagation modeling of human body motions utilizing Receive Signal Strength (RSS) information obtained from narrowband measurements. This quantitative approach provides features for activity classification, with features extracted from inertial sensors in smart devices. A variety of human body motions can then be discriminated using pattern recognition algorithms.

A measurement campaign has been performed with regard to fading effects caused by body movements. Studies of propagation characteristics for these dynamic channels have been done in indoor environments at frequencies around 400 MHz <sup>[44]</sup>, 868 MHz <sup>[45, 46]</sup>, 2.4 GHz <sup>[47-49]</sup> and 5 GHz <sup>[50-53]</sup>. Measurements related to dynamic channels were conducted in an anechoic chamber, office room and hospital room using either a channel sounder in wideband experiments or a vector network analyzer (VNA) in narrowband experiments <sup>[54-66]</sup>. Some of past researches are analysis of on-body propagation effects, including the modeling of path loss (PL) model <sup>[18]</sup> for a variety of scenarios at 400 MHz, 600 MHz, 900 MHz, 2.4 GHz, and UWB bands. Some previous papers are concentrated on statistical characterization of channels for a given scenario by using a probability density function (PDF) <sup>[58]</sup>, that is Lognormal, Weibull, Nakagami-m and Gamma

distributions were considered to characterize on-body dynamic channels. Also cumulative distribution functions (CDFs) have been analyzed, where Nakagami-m distribution used to model indoor channels at 868 MHz. Other papers have concentrated on analysis of second-order temporal statistics <sup>[59]</sup> by extracting fading rate and fading duration from measurement data. Channel temporal stability is also discussed <sup>[60]</sup>. More other papers are researched on the dynamic channels induced by a variety of body movements <sup>[63-66]</sup>.

Starting with the quantitative description of human body movements, body motion detection algorithms can be investigated and derived to help in tracking human daily activities as well as a subject's consumed calories. Moreover, this health information is extremely important to patients and elder people, who may seek monitoring and treatment from physicians. A number of machine learning techniques have been studied and applied to activity recognition using features extracted from body mounted sensors such as accelerometer. Supervised learning algorithms are used for activity classification include a probabilistic approach (Naïve Bayes, Gaussian Mixture Model, Logic classifier), a geometric approach (Support Vector Machine, Nearest Neighbor mean, multilayer perceptron) or a binary decision approach (C4.5 Binary Decision Tree). Decision Table, IBL, C4.5 and Naïve Bayes classifiers are discussed and evaluated to discriminate a variety of activities using five accelerometers placed at hip, wrist, arm, ankle and thigh <sup>[67]</sup>. The unsupervised learning method includes Hidden Markov Model (HMM) which can be used to model simple activities. A chief goal of this approach is to determine the hidden state sequence that corresponds to the observed sequence. However, it can be difficult to classify complex or unfamiliar activities. Machine learning algorithms are investigated and evaluated as an approach to classify different human body activities. assisted with the features of RF sensor and inertial sensors.

#### 1.3 Contribution of the Thesis

Though a considerable amount of prior research has been devoted to the channel modeling and motion detection in BANs, little of the work describes dynamic channels for human body motions in a quantitative and thorough manner. And no previous work applied these RF characteristics to the human body activity classification field.

This thesis is focused on the RF propagation modeling of human body motions using an empirical approach <sup>[1, 2]</sup>. The characteristics of on-body to on-body channel model, induced by continuous human body motions are measured and investigated for the purpose of activity classification. The measurements are performed in a shielded room which is constructed of thin metal. Based on a scenario approach, the probability distributions and the second order statistics are measured and analyzed case by case.

Three categories of scenario are investigated: standing, walking and jogging. The Rayleigh distribution is found not suitable to describe any of three human body movement scenarios. However, the Weibull distribution is considered as a suitable description of human body motions in most of the cases studied. The Lognormal distribution is found to provide a better fit for standing scenario in several cases, The Nakagami-m distribution is found to provide better fit for walking motion in several scenarios, and the Gamma distribution fits better in a few cases for jogging motions.

Doppler spread spectrum, RMS Doppler bandwidth and the shape of Doppler spread spectrum are measured and analyzed by the use of Vector Network Analyzer (VNA) to provide a quantitative description of different body motions. Doppler spread is the width of received spectrum when a single tone waveform has been transmitted, which provides information about the fading rate induced by human body movements. For the standing scenario, the Doppler spread is always below 1 Hz. For the walking motion, the Doppler spread is greater than that for the standing scenario around 3 Hz. The jogging motion will introduce maximum Doppler spread which is greater than 6 Hz. Also RMS Doppler bandwidth is used to describe the spectral distribution of the power. Doppler spread and RMS Doppler bandwidth are also of great importance to determine the maximum signaling rate allowable for coherence demodulation and to improve detection and optimize transmission at the physical layer. Coherence time, which is an alternative description of Doppler spread in the frequency domain, is analyzed in the time domain for different scenarios. The coherence time is usually below 90 ms for jogging motion, around 100 ms for walking motion and more than 200 ms for the standing scenario. Moreover, the shape of the Doppler spread spectrum is described with a Laplacian model, a 4th order Gaussian model and a 4th order Polynomial model. In comparing with the RMSE of values found with the three shape models, it is found that most of the Doppler spread shape could be described with a 4*th* order Gaussian model for the power. Yet, several cases could also be described with a Laplacian model or a Polynomial model.

The propagation model effectively quantizes different body motions, which could be utilized to classify different human body movements. Additionally, with pervasive deployment of computing devices, smartphones are an option for use as the base station to communicate with implant devices and other medical devices. This thesis also investigates into the performance of motion sensors in the smart devices for use in body motion detection. The variance, energy and entropy of sensors are extracted as features for patterns recognition of human body motions. Combined with RSS features, Backpropagation, Probabilistic Neural Network, *k*-Nearest Neighbor algorithm are analyzed and evaluated as potential solutions to the activity classification problem with improved detection accuracy.

#### 1.4 Outline of the Thesis

Section 1 is the introduction of this thesis, describing the background, and motivation for the work, and summarizing the contribution of the thesis. Section 2 discusses prior work on channel modeling of BANs; path loss modeling, small scale fading, large scale fading and effects of multipath fading are described in this section. At the end of the section, the measurement environment, measurement equipment and measurement scenarios are described. Section 3 presents a thorough discussion of channel modeling using narrowband measurement experiment. In this section, probabilistic distributions of the received signal strength for different scenarios and second order statistics are investigated, including statistical distributions, fading rate and fading duration. The analysis of Doppler spread spectrum, Doppler spreads, Root Mean Square (RMS) Doppler spreads and coherence time are also investigated in this section. A set of time domain waveforms and frequency spectra are shown visually to compare Doppler spreads for different human body motions. Section 4 analyzes the performance of the inertial sensors in smart devices to be used as features in activity classification algorithms. Backpropagation, k-Nearest Neighbor (k-NN), Probabilistic Neural Network (PNN) and Support Vector Machine (SVM) are discussed and evaluated in this section. Finally, conclusions are drawn to summarize propagation characteristics of channel modeling for human body motions in BANs. Section 5 discusses potential avenues of the future work.

### 2 Background and Methodology of Channel Modeling

#### 2.1 Channel Modeling

The channel modeling is usually performed with an extensive physical measurement, where measurement system is a crucial part in the modeling. The measurement techniques, experimental environment, equipment, antennas and attenuators are also important factors in constructing the actual physical channel models. Traditionally, there are two physical measurement techniques: narrowband and wideband. In the narrowband communication, the data speed is lower than wideband communication, but it could provide stable long-range communication. But narrowband measurement could not differentiate directed path and undirected paths, so wideband measurement is more suitable in studying multi-path propagation. Different experimental environments may result in a variety of channel models due to the multipath effects. In the indoor environment, the transmitted signal arrives at the receiver from various directions over a multiplicity of paths <sup>[69, 70]</sup>, including directed path, reflected paths, diffracted paths, etc. Wireless communication from the transmitter to the receiver can be modeled with several paths, line-of-sight (LOS), non-line-of-sight (NLOS). The LOS is the directed path from the transmitter to the receiver. The NLOS is much more complex than LOS, where the multipath is caused by the effects from floors, walls, objects. The Ray Tracing method is derived to model multipath propagation from a geometric point of view, which is a simplified solution for the Maxwell's equation. The propagation effects are also closely related to the center frequency and radiation pattern of the transmitter and receiver. Taking consideration of the factors mentioned above, a relative accurately characterized channel model would be effective in design, assessment and installation of a radio network. And a lot of applications could be developed in the network.

IEEE 802.15.6 Task Group TG6 is intended to develop Body Area Networks for medical devices and non-medical devices that could be placed inside or on the surface of human body. The path loss is caused by the reflection, diffraction and absorption of the human body tissues. The small scale fading and large scale fading are a result of the structure of human body and body motions.

In order to describe the characterization of the electromagnetic wave propagation from the devices those are close to or inside the human body, TG6 group has defined three types of nodes <sup>[18]</sup>.

- Implant node: A node that is placed inside the human body. This could immediately below the skin to further deeper inside the body tissue.
- Body Surface node: A node that is placed on the surface of human skin or at most 2 centimeters away.
- External node: A node that is not in contact with human skin, between a few centimeters up to 5 meters away from the body.

Seven scenarios are defined in which the medical devices will be operating <sup>[18]</sup>. These scenarios along with the location of the communication nodes are listed in Table 1, corresponding to different frequency bands. The scenarios are grouped into classes that can be represented by the same Channel Models (CM).

| Scenario | Description                  | Frequency Band              | Channel Model |
|----------|------------------------------|-----------------------------|---------------|
| S1       | Implant to Implant           | 402 – 405 MHz               | CM1           |
| S2       | Implant to Body Surface      | 402 – 405 MHz               | CM2           |
| S3       | Implant to External          | 402 – 405 MHz               | CM2           |
| S4       | Body Surface to Body Surface | 13.5, 50, 400, 600, 900 MHz | CM3           |
|          | (LOS)                        | 2.4, 3.1-10.6 GHz           |               |
| S5       | Body Surface to Body Surface | 13.5, 50, 400, 600, 900 MHz | CM3           |
|          | (NLOS)                       | 2.4, 3.1-10.6 GHz           |               |
| S6       | Body Surface to External     | 900 MHz                     | CM4           |
|          | (LOS)                        | 2.4, 3.1-10.6 GHz           |               |
| S7       | Body Surface to External     | 900 MHz                     | CM4           |
|          | (NLOS)                       | 2.4, 3.1-10.6 GHz           |               |

Table 1 Channel Model Scenarios

The communication distance varies from a few centimeters up to 5 meters. Possible communication links are shown in fig. 1 below.

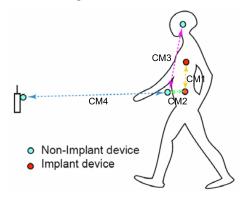


Figure 1: Possible Communication Links for Body Area Network

Based on various scenarios defined in the draft, we discuss some existing channel models from previous work, including path loss models and fading models.

#### 2.2 Path Loss Channel Model

In traditional wireless communications, path loss model is both frequency and distance dependent. The channel path loss at a given time is given by

$$PL(t) = P_{tx} - P_{rx}(t) + G_{amplifier} - L_{cable}$$
(1)

where  $P_{tx}$  is the transmitted power,  $P_{rx}(t)$  is the RMS received power at given time t,  $G_{amplifier}$  is amplifier gain and  $L_{cable}$  is cable loss.

Normally, the path loss is modeled from extensive physical experiments. A variety of measurements have been performed in channel modeling to characterize this power distance relationship. Since the physical measurement inside human body is not feasible, a 3D immersive simulation and visualization platform was developed to study the propagation characteristics of MICS <sup>[56]</sup>. A multi-thread loop antenna is used as the antenna for implant inside a male object in the simulation. A statistical path loss model has been derived in the form of the following equation.

$$PL(d) = PL(d_0) + 10n \log_{10}\left(\frac{d}{d_0}\right) + S$$
<sup>(2)</sup>

Where  $S \sim N(0, \sigma_s)$  and  $d_0 = 50mm$ . The parameters extracted for the implant to implant (S1) and implant to body surface (S2) are expressed in table 2 and table 3 <sup>[56]</sup>.

| Implant to Implant | $PL(d_0)$ (dB) | n    | $\sigma_s$ (dB) |
|--------------------|----------------|------|-----------------|
| Deep Tissue        | 35.04          | 6.26 | 8.18            |
| Near Surface       | 40.94          | 4.99 | 9.05            |

Table 2: Implant to Implant (S1) for MICS

Table 3: Implant to Body Surface (S2) for MICS

| Implant to Body Surface | $PL(d_0)$ (dB) | n    | $\sigma_s$ (dB) |
|-------------------------|----------------|------|-----------------|
| Deep Tissue             | 47.14          | 4.26 | 7.85            |
| Near Surface            | 49.81          | 4.22 | 6.81            |

Various scenarios at different frequency bands (400 MHz, 600 MHz, 900 MHz, 2.4 GHz and UWB) and various transmission ranges have corresponding proposed path loss models and corresponding parameters for scenarios defined in table 1.

When it comes to the path loss model for different human body motions, it would be difficult to generalize a formal equation to represent the fading effects of the channels. Therefore, the channel variation at 800 MHz and 2.36 GHz are measured and discussed <sup>[71, 72]</sup> for different human body motions and antenna placement. The average path loss is shown in table 4 and the peak-to-through path loss variation is shown in table 5.

| Table 4: Average I | Path Loss ( | (dB) |
|--------------------|-------------|------|
|--------------------|-------------|------|

|          | (a) 820 MHz |  |               |                |               |      |      |                |                |  |  |
|----------|-------------|--|---------------|----------------|---------------|------|------|----------------|----------------|--|--|
|          |             | Receiver at Right Hip; Transmitter at: Receiver at Chest;<br>Transmitter at: |               |                |               |      |      |                |                |  |  |
|          | Chest       | Right<br>Wrist   | Left<br>Wrist | Right<br>Ankle | Left<br>Ankle | Back | Back | Right<br>Wrist | Right<br>Ankle |  |  |
| Standing | 57.4        | 50.2   | 59.8          | 54.3           | 68.7          | 61.8 | 66.3 | 54.5           | 54.3           |  |  |
| Walking  | 52.9        | 38.4   | 63.6          | 48.1           | 55.5          | 57.1 | 63.8 | 51.3           | 56.9           |  |  |
| Running  | 44.1        | 37.2   | 60.2          | 48.9           | 54.2          | 62.3 | 66.3 | 49.4           | 54.1           |  |  |

|          | (b) 820 MHZ             |         |              |      |      |                             |                                       |       |       |  |
|----------|-------------------------|---------|--------------|------|------|-----------------------------|---------------------------------------|-------|-------|--|
|          |                         | Receive | r at Right I |      |      | eiver at Ch<br>ransmitter a | · · · · · · · · · · · · · · · · · · · |       |       |  |
|          | Chest                   | Right   | Left         | Back | Back | Right                       | Right                                 |       |       |  |
|          | Wrist Wrist Ankle Ankle |         |              |      |      |                             |                                       | Wrist | Ankle |  |
| Standing | 65.3                    | 44.5    | 74.7         | 60.9 | 70.7 | 75.3                        | 73.0                                  | 70.5  | 66.3  |  |
| Walking  | 59.1                    | 47.3    | 59.8         | 53.9 | 58.5 | 67.4                        | 72.0                                  | 64.9  | 62.4  |  |
| Running  | 55.9                    | 36.3    | 52.5         | 55.0 | 59.0 | 68.5                        | 71.7                                  | 57.4  | 63.3  |  |

#### (b) 820 MHz

#### Table 5: Peak-to-through path loss variation

|          | (a) 2.36 GHz |         |              |                    |       |              |       |       |       |  |  |
|----------|--------------|---------|--------------|--------------------|-------|--------------|-------|-------|-------|--|--|
|          |              | Receive | r at Right I | Receiver at Chest; |       |              |       |       |       |  |  |
|          |              |         |              |                    | T     | ransmitter a | at:   |       |       |  |  |
|          | Chest        | Right   | Left         | Back               | Back  | Right        | Right |       |       |  |  |
|          |              | Wrist   | Wrist        | Ankle              | Ankle |              |       | Wrist | Ankle |  |  |
| Standing | 1.6          | 0.7     | 2.2          | 5.1                | 1.8   | 5.1          | 3.0   | 2.2   | 0.7   |  |  |
| Walking  | 30.0         | 35.1    | 24.4         | 24.4               | 26.5  | 13.5         | 23.7  | 34.0  | 17.2  |  |  |
| Running  | 38.0         | 45.6    | 28.0         | 32.8               | 27.9  | 23.8         | 30.9  | 27.8  | 32.5  |  |  |

(b) 2.36 GHz

|          | Receiver at Right Hip; Transmitter at: |                |               |                |               |      | Receiver at Chest;<br>Transmitter at: |                |                |
|----------|--|----------------|---------------|----------------|---------------|------|---------------------------------------|----------------|----------------|
|          | Chest                                  | Right<br>Wrist | Left<br>Wrist | Right<br>Ankle | Left<br>Ankle | Back | Back                                  | Right<br>Wrist | Right<br>Ankle |
| Standing | 3.3                                    | 2.0            | 1.8           | 2.4            | 7.1           | 1.4  | 4.2                                   | 1.3            | 11.3           |
| Walking  | 20.0                                   | 39.6           | 24.5          | 22.5           | 21.1          | 14.1 | 8.6                                   | 21.2           | 20.4           |
| Running  | 30.3                                   | 46.8           | 33.7          | 28.4           | 24.1          | 16.3 | 9.3                                   | 29.4           | 19.5           |

#### 2.3 Fading

In the Body Area Networks, the human body is used is a medium of communication, which may cause energy absorption, diffraction, reflection. The fading effects may be also caused by different body posture and surrounding environment.

The fading consists of small scale fading and large scale fading. Small scale fading refers to the fast changes in the amplitude and phase of received signal strength in a small local area. Large scale fading is the fading due to the motions in large area.

In IEEE 802.15.6 documents, the small scale fading is modeled as a Ricean distribution <sup>[18]</sup> with K factor that decreases as the path loss increases. The K factor is defined as:

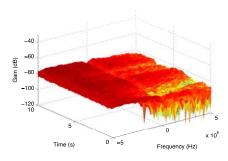
$$K_{dB} = K_0 - m_K P_{dB} + \sigma_K n_K \tag{3}$$

Where  $K_0$  is the fit with measurement data for the K-factor for low path loss,  $m_K$  is the slope of the linear correlation between path loss and K-factor,  $\sigma_k$  is the log-normal variance of the measured data between path loss and K-factor,  $n_K$  is the zero mean and unit variance Gaussian random variable and  $P_{dB}$  is the path loss in dB.

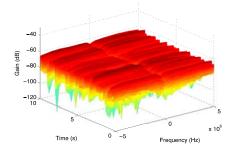
For the different scenarios defined in Table 1, the small scale fading is represented by Ricean distribution with corresponding parameters  $K_0$ ,  $m_K$ ,  $\sigma_K$  and  $n_K$ .

#### 2.4 Power Spectral Density

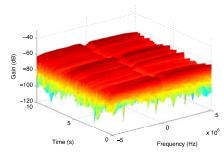
The channel's power spectral density (PSD) is a visual description of the channel response. PSD analysis of three common body motions is presented in [71] at 820 MHz and 2.36 GHz with illustration of figures. A 10s measurement for each scenario is performed with Vector Signal Generator, Vector Signal Analyzer, Low Noise Amplifiers and antennas for 802 MHz and 2.36 GHz. The power spectral density for each of  $40\mu s$  sample v is calculated by correlating v with a replica of the transmitted PN sequence and then applying a Fast Fourier Transform. The variation of PSD reflects the frequency-selective fading effects of channels and is consistent with the movement of the test subject. The PSD for the standing motion is generally flatter than those when the object is moving. And running movement caused more variation in the PSD than walking. An example of PSD for three human body motions is illustrated in Figure 2 below.



(a) Back to Right Hip, standing, 2.36 GHz



(b) Back to Right Hip, walking, 2.36 GHz



(c) Back to Right Hip, running, 2.36 GHzFigure 2: Power Spectral Density

#### 2.5 Statistical Description of Received Power

Channel Sounder has been used to perform the real-time channel measurements <sup>[59]</sup> in the anechoic chamber room at a center frequency of 4.5 GHz for body movements. The fading effects caused by human body motions are analyzed statistically. Normal distribution, log-normal distribution and Weibull distribution are considered as possible probability density functions, and are tried to fill the measurement results. The negative log likelihood is used to evaluate the fitting effects of the distributions. Moreover, link margin based performance is also analyzed to verify possible implementation and help in system design. The fade duration is defined as the continuous duration when the received

signal power drops below the mean of the received signal strength during the measurement and is fitted into Gamma distribution <sup>[18]</sup>. The fade magnitude, defined as the maximum fade depth with respect to the mean, is used as the indicator of the attenuation level a signal may encounter. And the level crossing rate is used to represent the statistics of the signal across into a fade when it next crosses into a fade.

#### 2.6 Experimental Method

#### 2.6.1 Measurement Environment

The channel measurements were performed by using two antennas placed on a test subject in a shielded room with a size of  $2.32m \times 2.41m \times 2.29m$  at Center for Wireless Information Network Studies (CWINS) lab of Worcester Polytechnic Institute. The shielded room is designed to block external static and non-static electric fields and to provide a radio-silent environment. This copper room would keep RF energy within the cage rather than keep it out. The experimental environment is shown in Figure 3 with the relative location of the room and the test subject.

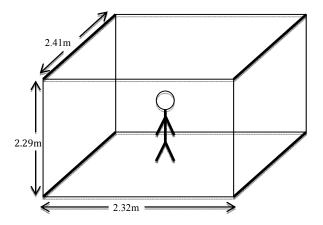


Figure 3: Experimental Environment

The real test environment is shown in Figure 4, where the shielded room is located inside CWINS lab and the RF sensors are mounted on the surface of human body. We investigated into the RF propagation modeling for the on-body to on-body communication links in this environment.



(a) Experimental Equipment and Test Subject



(b) Shielded Room Figure 4: Experimental Environment

#### 2.6.2 Measurement Setup

An extensive measurement is performed with the use of Agilent Vector Network Analyzer (VNA) to obtain *S*21 parameters. In the channel measurements, three sets of antennas are used during the measurements, all of which are omni-directionally working at 400 MHz, 2.25 GHz and 4.5 GHz within MICS, ISM and UWB bands. Antennas used for narrowband measurement at 400 MHz consist of a loop antenna as the receiver and a helical antenna as the transmitter; monopole antennas, working in a frequency band from 2.1 GHz to 2.4 GHz, are designated to send a single tone waveform at 2.25 GHz from transmitter to receiver; and patch antennas (SkyCrossTM SMT-3TO10M-A) whose working frequency range is 3 GHz and 8 GHz are proposed to send and to receive a single tone waveform at 4.5 GHz. The three sets of antenna are shown in Figure 5 below.



(a) Loop Antenna and Helical Antenna Working at 400 MHz



(b) Monopole Antenna Working at 2.25 GHz



(c) Patch Antenna Working at 4.5 GHzFigure 5: Three Sets of Antenna used in Measurement

Short time channel gain variations were measured using Agilent E8363B Vector Network Analyzer (VNA) shown in Figure 6. A continuous single tone signal waveform at 400 MHz, 2.25 GHz, and 4.5 GHz with a transmission power of 0 dBm was generated respectively by Transmission (TX) port of VNA in time domain. S21 Parameter, measured and stored in the PC in real time, was analyzed and evaluated off-line. In the 20 second interval, the network analyzer took samples of amplitudes of the received signal at the rate of 80 samples/s. Therefore the maximum Doppler shift measurable is 40 Hz, and resolution is 0.012 Hz.



Figure 6: Agilent E8363B Vector Network Analyzer

All measurements were based on different motions, where transmitting (TX) and receiving (RX) antennas were attached to different positions of human body. Using a scenario-based approach <sup>[23]</sup>, a scenario set, denoted by  $S = \{F, M, TX, RX\}$ , is composed of a frequency set F, a motion set M and two antenna position sets TX and RX. In the motion set, three different human movements have been measured: standing still, walking and jogging on a spot, denoted as  $M = \{Stand, Walk, Jog\}$ . Only respiration and palpitation exist when the human body is standing still. For the walking cycle, the human body is walking with arms and feet moving slowly and repeatedly in a small range. When the human body is jogging, both arms and feet moved back and forth very quickly, which would cause greater channel fluctuation. The frequency set F is composed of F = {400 MHz, 2.25 GHz, 4.5 GHz}, where the increasing frequency of transmitters would have impact on small scale fading characteristics of body area network.

The transmitting and receiving antennas are placed at different positions on the test subject's body. For the on body to on body communication, the receiver is fixed at the right hip of the test subject, since the coordinator in the BANs is often considered as the center to receive data from other sensors in-body or on-body. The receiver set is RX ={Right Hip}. And the transmitter is strapped to Back, Left Wrist, Left Ankle and Right Ankle, represented by TX ={Back, Left Wrist, Left Ankle, Right Ankle}. The communication link between right ankle and right hip is Line-of-Sight (LOS) propagation, while other communication links from left wrist, left ankle and back to right hip are considered as Non-Line-of-Sight (NLOS) propagation. Figure 7 shows the locations of antennas on the tested subject. The blue points indicate the possible transmitter antenna position and the red point is the receiver antenna placement.

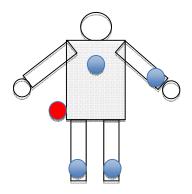


Figure 7: Antenna placement on the surface of human body

The antenna separation among these body mounted sensors is shown in Table 6. Different transmission range would have different impact on the path loss, as will be discussed in the next chapter.

#### Table 6: Antenna Separations for on-body to on-body link

| TX                      | Back  | Left Wrist | Left Ankle | Right Ankle |
|-------------------------|-------|------------|------------|-------------|
| Antenna separation (mm) | 88.90 | 111.76     | 139.69     | 121.92      |

### **3** Propagation Characteristics of Human Body Motions

#### 3.1 Path Loss Model

According to the path loss model <sup>[72]</sup>, the statistical path loss model has been derived in the form of the following equation.

$$PL(d) = PL(d_0) + 10\alpha log_{10}(d)$$
(4)

where  $PL(d_0) = 10 \log_{10} \left(\frac{P_t}{P_0}\right) = -10 \log_{10} G_t G_r \left(\frac{\lambda}{4\pi}\right)^2$ , which is the path loss in the first meter. The path loss is closely related to the antenna separation and it changes slowly with the distance between the transmitter and receiver.

In this section, we present path loss models for the relationship between the averaged received power and the distance between the transmitter and the receiver. This distance-power relationship could be used for coverage among these body mounted medical devices. Using VNA, the path loss PL(d) in dB from the transmitter to receiver is obtained by:

$$PL(d) = 20\log |S_{21}| \tag{5}$$

Where  $S_{21}$  is the scalar linear gain. This is simply scalar voltage gain as the linear ratio of the output voltage and the input voltage.

For the dynamic channels caused by human body movements, it is very difficult to derive a fixed distance-power relationship. Therefore we analyze the maximum path loss, the minimum path loss, the mean and the variance for each scenario. For scenario set S1 ={{2.25GHz}, {Stand, Walk, Jog}, {Left Ankle}, {Right Hip}}, the time domain data are shown in Figure 8 below, where the antenna separation is 139.69 mm in static scenario. The path loss varies in a range of 8.2925 dB for standing, 25.4256 dB for walking, 30.4314 dB for jogging. The variation of path loss also increments when the intensity of motion increases.

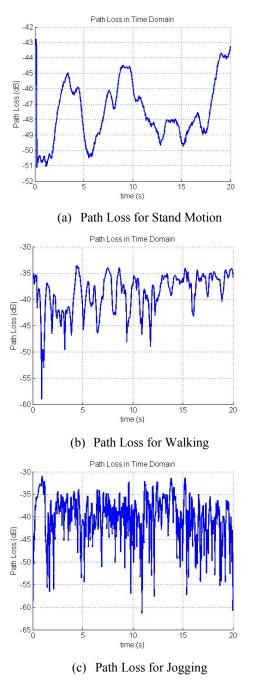
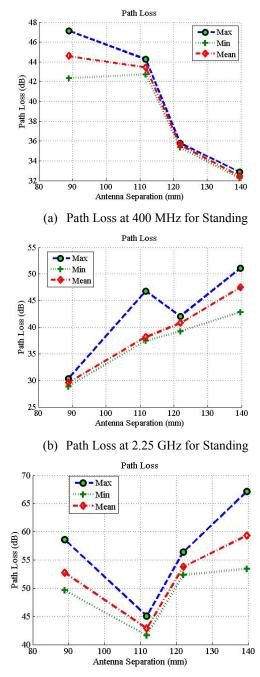


Figure 8: Time Domain Data for Standing, Walking and Jogging Motions, Left Ankle to Right Hip, 2.25GHz.

The summarized results for all the scenarios are shown in Table 7 for 400 MHz, Table 8 for 2.25 GHz and Table 9 for 4.5 GHz. For different antenna separations, the relationship between path loss and antenna separation for the standing motion are shown in Figure 9 below. In the free-space, the path loss is proportional to the logarithm of the antenna

separation. When we consider the path loss for different human body motions, it does not vary according to the path loss model described in eq.4. For the 400 MHz, the channel suffers from deep fading when the transmitter antenna is placed at the back of human body, where breathing is the most influencing factor.



(c) Path Loss at 4.5 GHz for Standing

Figure 9: Maximum, Minimum and Mean of Path Loss at 400 MHz, 2.25 GHz, 4.5 GHz for Standing Motion

As the intensity of motions increases, the upper bound of path loss increases and the lower bound of path loss decrements. Except the range characteristics, the mean and variance of path loss in time domain is also statistically analyzed to provide as an indication of different motions. Table 7, 8 and 9 also shows the mean and variance for different center frequency. The range of path loss data varies considerably between different movements. The variation is an important feature when attempting to distinguish between possible motions.

| Antenna     | Motion | Maximum        | Minimum Path | Path Loss | Path Loss | Path Loss |  |  |
|-------------|--------|----------------|--------------|-----------|-----------|-----------|--|--|
| Position    |        | Path Loss (dB) | Loss (dB)    | Range     | mean (dB) | Variation |  |  |
| Back        | Stand  | 47.1488        | 42.3669      | 4.7818    | 44.5848   | 0.9889    |  |  |
|             | Walk   | 59.7022        | 45.5456      | 14.1566   | 49.8408   | 6.5676    |  |  |
|             | Jog    | 81.8554        | 42.3287      | 39.5267   | 53.9787   | 25.3460   |  |  |
|             |        |                |              |           |           |           |  |  |
| Left Wrist  | Stand  | 44.258         | 42.7338      | 1.5242    | 43.4391   | 0.1053    |  |  |
|             | Walk   | 44.0262        | 30.6025      | 13.4237   | 34.9540   | 5.3646    |  |  |
|             | Jog    | 49.5456        | 30.1517      | 19.3939   | 38.2696   | 11.0196   |  |  |
|             |        |                |              |           |           |           |  |  |
| Left Ankle  | Stand  | 32.8673        | 32.2366      | 0.6307    | 32.4562   | 0.0159    |  |  |
|             | Walk   | 35.0065        | 30.0469      | 4.9596    | 31.5253   | 0.9651    |  |  |
|             | Jog    | 42.7912        | 28.3675      | 14.4238   | 32.7367   | 7.7416    |  |  |
|             |        |                |              |           |           |           |  |  |
| Right Ankle | Stand  | 35.7959        | 35.3448      | 0.4512    | 35.6182   | 0.0077    |  |  |
|             | Walk   | 46.8073        | 33.1908      | 13.6165   | 38.3890   | 8.0918    |  |  |
|             | Jog    | 43.2125        | 24.0535      | 19.1590   | 28.8432   | 11.0716   |  |  |

| Table 7: Path | Loss | for | 400 | MHz |
|---------------|------|-----|-----|-----|
|---------------|------|-----|-----|-----|

#### Table 8: Path Loss for 2.25 GHz

| Antenna     | Motion | Maximum Path | Minimum Path | Path Loss | Path Loss | Path Loss |  |  |
|-------------|--------|--------------|--------------|-----------|-----------|-----------|--|--|
| Position    |        | Loss (dB)    | Loss (dB)    | Range     | mean (dB) | Variation |  |  |
| Back        | Stand  | 30.3085      | 28.8099      | 1.4986    | 29.5321   | 0.1874    |  |  |
|             | Walk   | 47.9087      | 28.9765      | 18.9321   | 34.9060   | 7.8953    |  |  |
|             | Jog    | 64.4396      | 31.8968      | 32.5428   | 41.3900   | 24.4960   |  |  |
|             |        | •            |              |           |           | -         |  |  |
| Left Wrist  | Stand  | 46.8056      | 37.4452      | 9.3604    | 38.1361   | 0.3522    |  |  |
|             | Walk   | 57.0295      | 30.8259      | 26.2035   | 40.9452   | 18.7119   |  |  |
|             | Jog    | 59.6926      | 25.9274      | 33.7652   | 35.2925   | 24.7338   |  |  |
|             |        |              |              |           |           |           |  |  |
| Left Ankle  | Stand  | 51.1067      | 42.8142      | 8.2925    | 47.5087   | 3.7828    |  |  |
|             | Walk   | 59.006       | 33.5534      | 25.4526   | 38.9877   | 14.1840   |  |  |
|             | Jog    | 61.4071      | 30.9757      | 30.4314   | 40.7798   | 27.0567   |  |  |
|             |        |              |              |           |           |           |  |  |
| Right Ankle | Stand  | 42.0613      | 39.1789      | 2.8824    | 40.7668   | 0.5338    |  |  |
|             | Walk   | 78.34        | 31.0109      | 47.3291   | 39.1497   | 41.8973   |  |  |
|             | Jog    | 56.2398      | 28.6039      | 27.6359   | 38.6875   | 23.8783   |  |  |

| Antenna     | Motion | Maximum Path | Minimum Path | Path Loss | Path Loss | Path Loss |
|-------------|--------|--------------|--------------|-----------|-----------|-----------|
| Position    |        | Loss (dB)    | Loss (dB)    | Range     | mean (dB) | Variation |
| Back        | Stand  | 58.5983      | 49.6259      | 8.9724    | 52.7215   | 3.5503    |
|             | Walk   | 83.6773      | 45.6699      | 38.0074   | 54.8756   | 25.4209   |
|             | Jog    | 77.3137      | 44.3949      | 32.9188   | 55.9779   | 32.7843   |
|             |        |              |              |           |           |           |
| Left Wrist  | Stand  | 45.0966      | 41.6227      | 3.4739    | 42.8875   | 0.9854    |
|             | Walk   | 74.6919      | 42.9598      | 31.7321   | 52.2063   | 30.2601   |
|             | Jog    | 70.3539      | 43.0998      | 27.2540   | 54.0882   | 22.5069   |
|             |        |              |              |           |           |           |
| Left Ankle  | Stand  | 67.158       | 53.4394      | 13.7187   | 59.3197   | 7.6558    |
|             | Walk   | 74.6117      | 42.9559      | 31.6558   | 52.5264   | 27.4258   |
|             | Jog    | 75.8169      | 44.4109      | 31.4060   | 54.5276   | 22.6047   |
|             |        |              |              |           |           |           |
| Right Ankle | Stand  | 56.3956      | 52.3496      | 4.0460    | 53.7640   | 0.8707    |
|             | Walk   | 74.3064      | 42.1481      | 32.1583   | 50.4317   | 19.0877   |
|             | Jog    | 72.6759      | 43.0925      | 29.5835   | 52.6473   | 21.9299   |

Table 9: Path Loss for 4.5 GHz

#### 3.2 Statistical Analysis of Human Body Motions

The statistical characterization of the channels is based on the received signal amplitude, which are needed for the calculation of the average error rate for different transmission techniques over a fading wireless channel. To calculate the error rate, it is important to understand the error rate behavior over the statistics of fading channels. We take consideration of the varying body movements, different frequencies and various antenna positions into account. Normal, Gamma, Rayleigh, Weibull, Nakagami-m and Lognormal distributions are considered as the potential fading statistical distributions for body movements. Averaged fade duration, level crossing rate and outage probability are also discussed to provide accurate parameters for body area communication system design. Furthermore, the Doppler spread, Root Mean Squared (RMS) Doppler spread and coherence time are evaluated to provide a quantitative description to be used for activity classification.

#### 3.3 First Order Statistical Characterization

According to different measurement scenarios, the statistical distributions of the envelop fading are summarized for each of the scenario, where effects of human body motions, antenna positions, and transmission frequencies are all taken into account in this section. The Normal, Gamma, Rayleigh, Weibull, Nakagami-m and Lognormal distributions are

considered as potential statistical models for received signal strength in time domain. Probability Density Function (PDF) of these six common probabilistic distributions are described below <sup>[69]</sup>.

• Normal distribution

$$f(\boldsymbol{x}|\boldsymbol{\mu},\boldsymbol{\sigma}) = \frac{1}{\sigma\sqrt{2\pi}} e \boldsymbol{x} \boldsymbol{p} \left\{ \frac{-(\boldsymbol{x}-\boldsymbol{\mu})^2}{2\sigma^2} \right\}$$
(6)

where  $\mu$  is the mean,  $\sigma^2$  is the variance and x is the envelope amplitude of the received power. The normal distribution suggests the averaged received signal strength forms the Gaussian distribution function. The cumulative distribution function (CDF) of normal distribution is given by

$$F(x;\mu,\sigma)\frac{1}{2}\left[1+erf\left(\frac{x-\mu}{\sqrt{2\sigma^2}}\right)\right]$$
(7)

Gamma distribution

$$f(x|a,b) = \frac{1}{b^a \Gamma(a)} x^{a-1} exp\left\{\frac{x}{b}\right\}$$
(8)

where a is the shape parameter, b is the scale parameter and x is the envelope amplitude of the received signal. The cumulative distribution function of Gamma function is given by

$$F(x; a, b) = \frac{1}{\Gamma(a)} \gamma(a, \frac{x}{b})$$
(9)

• Rayleigh distribution

$$f(\boldsymbol{x}|\boldsymbol{\sigma}) = \frac{x}{\sigma^2} exp\left\{-\frac{x^2}{2\sigma^2}\right\}, \ \boldsymbol{x} \in \{\boldsymbol{0}, +\infty\}$$
(10)

where x is the envelope amplitude of received signal,  $\sigma^2$  is the mean power of the received signal. Rayleigh distribution is the most popular distribution function used for statistical modeling of the envelop fading of radio signals. And it is considered as a reasonable envelop fading channel model of a received signal for mobile communication systems. The cumulative distribution function of Rayleigh distribution is given by

$$F(x;\sigma) = 1 - e^{-x^2/2\sigma^2}$$
(11)

• Weibull distribution

$$f(x|\gamma) = \begin{cases} \frac{k}{\gamma} exp\left\{-\left(\frac{x}{\gamma}\right)^k\right\} & x \ge 0\\ 0 & otherwise \end{cases}$$
(12)

where x is the envelope amplitude of received signal, k is the shape factor,  $\gamma$  is the scale factor. Both the shape and scale factors are positive to characterize the Weibull distribution. The Weibull distribution is considered to show a good fit to experimental fading channel measurements in outdoor environments. Weibull distribution also exhibits a good fit for some cases on-body channel fading models. The cumulative distribution function of Weibull distribution is given by

$$F(x; \gamma) = 1 - e^{-(x/\gamma)^{k}}$$
(13)

• Nakagami-m distribution

$$f(x|m,\omega) = \frac{2m^m}{\Gamma(m)\omega^m} x^{2m-1} exp\left\{-\frac{m}{\omega}x^2\right\}$$
(14)

where  $\Gamma(.)$  is the Gamma function, *x* is the envelope amplitude of received signal, *m* is the shape factor and  $\omega$  is a controlling speed. A special case is when m = 1, Nakagami-m fading performs similar as Rayleigh fading with an exponentially distributed power. Nakagami-m distribution <sup>[73]</sup> is regarded as the best fit to some urban multipath measurements occasionally. The cumulative distribution function of Namagami-m distribution is given by

$$F(x; m, \omega) = \frac{\gamma(m, \frac{m}{\omega}x^2)}{\Gamma(m)}$$
(15)

• Lognormal distribution

$$f(x|\mu,\sigma) = \frac{1}{x\sigma\sqrt{2\pi}} exp\left\{-\frac{(\ln x - \mu)^2}{2\sigma^2}\right\} \quad x \in \{0, +\infty\}$$
(16)

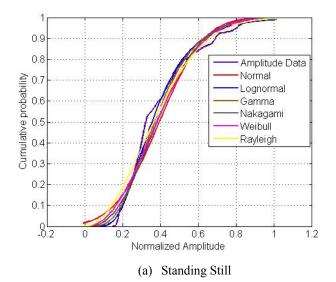
where x is the envelope amplitude of received signal,  $\mu$  is the mean of distribution, and  $\sigma$  is the standard deviation of the Log-normal distribution. The Lognormal distribution suggests that the decibel value of the averaged received signal strength forms a Gaussian distribution function. And it is used to model large-scale variations in the received signal strength in indoor and urban radio channels. The cumulative distribution function of the Lognormal distribution is given by

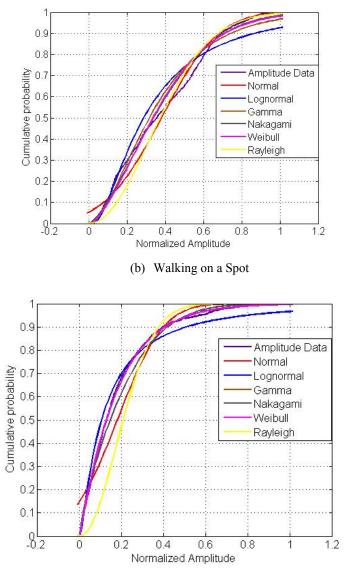
$$F(x;\mu,\sigma) = \frac{1}{2} + \frac{1}{2} \operatorname{erf}\left[\frac{\ln x - \mu}{\sqrt{2\sigma^2}}\right]$$
(17)

The amplitude is normalized to the maximum amplitude value. Therefore, the CDF of the amplitude is distributed between 0 and 1. In order to compare the goodness of statistical distribution fittings, we obtain the negative log likelihood ratio between the CDF of measurements and theoretical Cumulative Density Function (CDF) for the Normal, Gamma, Rayleigh, Weibull, Nakagami-m and Lognormal distributions.

Figure 10 shows a comparison of CDF fittings for scenario set  $S1 = \{\{2.25 \text{ GHz}\}, \{Stand, Walk, Jog\}, \{Left Ankle\}, \{Right Hip\}\}$  in the shielded room. In this scenario, Weibull distribution has the maximum log likelihood ratio for jogging movement. Therefore, we consider Weibull distribution as the best fit for this scenario.

Table 10 shows the negative log likelihood of these six common probability distribution of Normal distribution, Lognormal distribution, Gamma distribution, Nakagami-m distribution, Weibull distribution and Rayleigh distribution at 2.25 GHz. For scenario set S1, the best fitting for the standing motion is Lognormal; the best fitting for walking motion is Nakagam-m; the best fitting for jogging motion is Weibull.





(c) Jogging on a Spot

Figure 10: Cumulative Distribution Function Fittings for the transmission link from left ankle to right hip of at 2.25 GHz for standing, walking and jogging movements

Table 10 gives parameters for these CDF distributions fitted to the envelope of the normalized received signal strength for scenario set S via the negative log likelihood. For a total number of 36 measurements of scenario set S, there are sixteen scenarios fitted into Weibull distribution. B7ased on a case by case analysis, Lognormal and Weibull distributions fit better for standing motion. There are five cases falls into Weibull distribution and five cases falls into Lognormal distribution for standing motion. Nakagami-m and Weibull distribution are good candidates for a statistical model for

walking motion. Nakagami-m distribution fits better in five cases and four cases of walking motion fall into Weibull distribution for the walking motion. For the jogging motion, Gamma distribution and Weibull distribution are better candidates than other distributions. Weibull distribution fits into seven cases and Gamma distribution fits into three cases for jogging motion.

Table 10: Cumulative Distribution Fittings for 400 MHz, 2.25 GHz and 4.5 GHz

| Antenna    | Body    | Normal     | Lognormal  | Gamma        | Nakagami    | Weibull   | Rayleigh  |
|------------|---------|------------|------------|--------------|-------------|-----------|-----------|
| Placement  | motions | μ, σ       | μ, σ       | a, b         | m, w        | k,γ       | σ         |
|            |         | -NlogL     | -NlogL     | -NlogL       | -NlogL      | -NlogL    | -NlogL    |
| Back       | Stand   | 0.636573,  | -0.477734, | 19.3383,     | 5.03769,    | 0.694838, | 0.461605, |
|            |         | 0.144726,  | 0.229544,  | 0.0329177,   | 0.426158,   | 4.81837,  | -109.3731 |
|            |         | -822.8594  | -849.2287  | -849.9565    | -843.8681   | -804.039  |           |
|            | Walk    | 0.428414,  | -1.00302,  | 3.37604,     | 1.0384,     | 0.485014, | 0.342026, |
|            |         | 0.224625,  | 0.591497,  | 0.126898,    | 0.233963,   | 2.02561,  | -228.3528 |
|            |         | -119.5161  | -175.1843  | -229.3472    | -229.0731   | -228.5637 |           |
|            | Jog     | 0.121489,  | -2.67664,  | 1.01338,     | 0.341163,   | 0.119944, | 0.130865, |
|            |         | 0.139656,  | 1.18377,   | 0.119884,    | 0.0342512,  | 0.973471, | -624.8668 |
|            |         | -879.9153  | -1742.9    | -1772.8      | -1640.5     | -1773.7   |           |
|            |         |            |            |              |             |           |           |
| Left Wrist | Stand   | 0.832109,  | -0.186605, | 177.91,      | 45.1691,    | 0.860112, | 0.590006, |
|            |         | 0.0617265, | 0.075503,  | 0.00467712,  | 0.696213,   | 15.0824,  | 210.1733  |
|            |         | -2186.3    | -2162.5    | -2171.8      | -2179.7     | -2173.6   |           |
|            | Walk    | 0.41316,   | -1.00413,  | 4.3191,      | 1.31206,    | 0.466293, | 0.320747, |
|            |         | 0.187291,  | 0.534026,  | 0.0956588,   | 0.205757,   | 2.33446,  | -432.1229 |
|            |         | -410.3487  | -340.4986  | -445.2157    | -465.9071   | -462.1922 |           |
|            | Jog     | 0.203037,  | -1.87996,  | 1.90046,     | 0.573095,   | 0.223401, | 0.185671, |
|            |         | 0.166555,  | 0.767347,  | 0.106836,    | 0.0689471,  | 1.35492,  | -780.1574 |
|            |         | -598.0871  | -1161.8    | -1113.3      | -988.5387   | -1067.6   |           |
|            |         |            |            |              |             |           |           |
| Left       | Stand   | 0.94656,   | -0.055345, | 1179.15,     | 297.918,    | 0.958668, | 0.669598, |
| Ankle      |         | 0.0273019, | 0.0292815, | 0.000802745, | 0.896722, - | 45.0471,  | 405.1001  |
| AIIKIC     |         | -3491.5    | -3468.0    | -3476.1      | 3483.8      | -3634.2   |           |
|            | Walk    | 0.723654,  | -0.346473, | 21.875,      | 6.13568,    | 0.778982, | 0.521421, |
|            |         | 0.141764,  | 0.226276,  | 0.0330813,   | 0.54376,    | 6.38018,  | 70.5249   |
|            |         | -855.9421  | -662.1582  | -740.1438    | -801.0025   | -932.2769 |           |
|            | Jog     | 0.428698,  | -1.00876,  | 3.24823,     | 1.07959,    | 0.482953, | 0.336102, |
|            |         | 0.205363,  | 0.641208,  | 0.131979,    | 0.225929,   | 2.19345,  | -275.0730 |
|            |         | -262.9594  | -55.2559   | -204.6061    | -277.9967   | -284.8665 |           |
|            |         |            |            |              |             |           |           |
| Right      | Stand   | 0.933472,  | -0.069058, | 2338.48,     | 582.194,    | 0.943505, | 0.660207, |
| Ankle      |         | 0.0193967, | 0.0206413, | 0.000399178, | 0.871747, - | 43.0327,  | 381.8467  |
| AIIKIÇ     |         | -4038.4    | -4049.4    | -4045.9      | 4042.2      | -3778.9   |           |
|            | Walk    | 0.360055,  | -1.19924,  | 2.96927,     | 0.963884,   | 0.406143, | 0.287917, |
|            |         | 0.190198,  | 0.655239,  | 0.121261,    | 0.165792,   | 1.97577,  | -465.4818 |
|            |         | -385.7000  | -325.3910  | -429.9747    | -466.1916   | -465.6716 |           |
|            | Jog     | 0.410615,  | -1.10995,  | 2.42795,     | 0.833529,   | 0.460569, | 0.332069, |
|            |         | 0.227965,  | 0.767333,  | 0.16912,     | 0.22054,    | 1.82722,  | -151.8007 |
|            |         | -95.9017   | 70.1500    | -106.5844    | -170.4008   | -162.0036 |           |

(a) 400 MHz Single Tone Waveform

| Antenna        | Body    | Normal                              | Lognormal                           | Gamma                               | Nakagami                            | Weibull                            | Rayleigh               |
|----------------|---------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|------------------------------------|------------------------|
| Placement      | motions | μ, σ                                | μ, σ                                | a, b                                | m,w                                 | k,γ                                | σ                      |
|                |         | -NlogL                              | -NlogL                              | -NlogL                              | -NlogL                              | -NlogL                             | -NlogL                 |
| Back           | Stand   | 0.848754,<br>0.0853918,<br>-1667.0  | -0.168982,<br>0.0997091,<br>-1689.4 | 100.244,<br>0.00846692,<br>-1683.5  | 25.0942,<br>0.72767,<br>-1676.6     | 0.888379,<br>10.6457,<br>-1592.3   | 0.603188,<br>252.6847  |
|                | Walk    | 0.307738,<br>0.185117,<br>-429.0301 | -1.36394,<br>0.647798,<br>-607.1834 | 2.85216,<br>0.107897,<br>-657.6934  | 0.864643,<br>0.128949,<br>-615.7388 | 0.347116,<br>1.76548,<br>-627.8468 | 0.253918,<br>-604.0734 |
|                | Jog     | 0.179898,<br>0.175728,<br>-512.3035 | -2.22381,<br>1.1653,<br>-1043.5     | 1.12067,<br>0.160527,<br>-1151.0    | 0.391516,<br>0.0632244,<br>-1086.9  | 0.184141,<br>1.05922,<br>-1.1490   | 0.177798,<br>-368.6381 |
| Left Wrist     | Stand   | 0.853051,<br>0.0940221,<br>-1513.0  | -0.167059,<br>0.14525,<br>-1084.4   | 61.7193,<br>0.0138215,<br>-1290.7   | 17.8244,<br>0.736531,<br>-1395.5    | 0.891058,<br>12.3197,<br>-1665.9   | 0.606849,<br>268.9720  |
|                | Walk    | 0.146352,<br>0.144022,<br>-830.6574 | -2.33855,<br>0.999904,<br>-1472.0   | 1.34179,<br>0.109072,<br>-1514.0    | 0.430522,<br>0.0421484,<br>-1386.1  | 0.15412,<br>1.14423,<br>-1499.5    | 0.14517,<br>-833.8468  |
|                | Jog     | 0.186266,<br>0.164855,<br>-614.5048 | -2.15846,<br>1.17303,<br>-928.3860  | 1.18519,<br>0.157161,<br>-1102.7    | 0.424852,<br>0.061855,<br>-1081.9   | 0.19404,<br>1.11876,<br>-1104.5    | 0.175862,<br>-508.2449 |
|                |         |                                     |                                     |                                     |                                     |                                    |                        |
| Left<br>Ankle  | Stand   | 0.391669,<br>0.186979,<br>-413.0112 | -1.04092,<br>0.449024,<br>-676.7629 | 4.98752,<br>0.0785298,<br>-627.4034 | 1.35498,<br>0.188344,<br>-556.4250  | 0.444424,<br>2.24365,<br>-532.9719 | 0.306875,<br>-514.7312 |
|                | Walk    | 0.37733,<br>0.23539,<br>-44.6139    | -1.25688,<br>0.868224,<br>32.7104   | 1.92146,<br>0.196377,<br>-126.6559  | 0.679568,<br>0.197752,<br>-183.4908 | 0.419002,<br>1.57945,<br>-164.3367 | 0.314446,<br>-91.2185  |
|                | Jog     | 0.178401,<br>0.171834,<br>-548.1643 | -2.26543,<br>1.23818,<br>-1013.1    | 1.05856,<br>0.168531,<br>-1159.6    | 0.381245,<br>0.0613354,<br>-1120.8  | 0.181076,<br>1.0376,<br>-1159.7    | 0.175122,<br>-350.5834 |
|                |         |                                     |                                     |                                     |                                     |                                    |                        |
| Right<br>Ankle | Stand   | 0.697915,<br>0.121321,<br>-1105.1   | -0.374115,<br>0.168483,<br>-1178.3  | 34.7506,<br>0.0200835,<br>-1159.2   | 8.68605,<br>0.501795,<br>-1136.0    | 0.750417,<br>5.89734,<br>-1017.0   | 0.500897,<br>-13.7527  |
|                | Walk    | 0.284339,<br>0.235298,<br>-45.2422  | -1.87991,<br>1.49374,<br>-96.0009   | 0.935004,<br>0.304105,<br>-414.5410 | 0.376304,<br>0.136179,<br>-487.8587 | 0.285607,<br>1.01241,<br>-412.3126 | 0.26094,<br>308.7650   |
|                | Jog     | 0.165055,<br>0.164322,<br>-619.6824 | -2.33319,<br>1.16673,<br>-1216.6    | 1.07644,<br>0.153335,<br>-1285.1    | 0.37893,<br>0.0542281,<br>-1221.7   | 0.167154,<br>1.03035,<br>-1283.5   | 0.164663,<br>-439.2278 |

(b) 2.25 GHz Single Tone Waveform

| Antenna    | Body    | Normal    | Lognormal   | Gamma      | Nakagami     | Weibull    | Rayleigh  |
|------------|---------|-----------|-------------|------------|--------------|------------|-----------|
|            | 5       | Normai    | Logilorinai |            | Пакаданн     |            | Kayleigh  |
| Placement  | motions | μ, σ      | μ, σ        | a, b       | <i>m</i> , w | k,γ        | σ         |
|            |         | -NlogL    | -NlogL      | -NlogL     | -NlogL       | -NlogL     | -NlogL    |
| Back       | Stand   | 0.529034, | -0.724592,  | 5.85053,   | 1.70605,     | 0.596087,  | 0.402225, |
|            |         | 0.209094, | 0.436223,   | 0.090425,  | 0.32357,     | 2.7848,    | -155.0313 |
|            |         | -234.1549 | -216.9086   | -256.7787  | -272.2925    | -274.7080  |           |
|            | Walk    | 0.200734, | -2.09074,   | 1.16952,   | 0.418209,    | 0.208544,  | 0.190865, |
|            |         | 0.180513, | 1.1883,     | 0.171639,  | 0.0728588,   | 1.10936,   | -354.6198 |
|            |         | -469.3206 | -799.3509   | -981.0411  | -954.4584    | -982.6837  |           |
|            | Jog     | 0.12086,  | -2.78863,   | 0.86922,   | 0.324592,    | 0.116142,  | 0.124111, |
|            |         | 0.127319, | 1.4097,     | 0.139044,  | 0.0308072,   | 0.917615,  | -615.2336 |
|            |         | -1027.9   | -1642.6     | -1791.8    | -1756.8      | -1790.9    |           |
| L          |         |           |             |            |              |            |           |
| Left Wrist | Stand   | 0.757367, | -0.302991,  | 20.0987,   | 5.40857,     | 0.822574,  | 0.547758, |
|            |         | 0.162755, | 0.228911,   | 0.0376823, | 0.600077,    | 5.64788,   | 158.6344  |
|            |         | -635.0115 | -574.0634   | -601.7434  | -624.7135    | -681.8244  |           |
|            | Walk    | 0.201123, | -2.14254,   | 1.06388,   | 0.396405,    | 0.20592,   | 0.190539, |
|            |         | 0.179388, | 1.2882,     | 0.189047,  | 0.0726105,   | 1.06559,   | -277.2080 |
|            |         | -479.3230 | -753.0662   | -968.0662  | -972.0807    | -971.0679  |           |
|            | Jog     | 0.138789, | -2.51726,   | 1.05726,   | 0.384194,    | 0.140953,  | 0.135085, |
|            |         | 0.131317, | 1.23158,    | 0.131272,  | 0.0364958,   | 1.0394,    | -778.3166 |
|            |         | -978.4212 | -1424.5     | -1561.2    | -1533.2      | -1561.6    |           |
|            |         |           |             |            |              |            |           |
| Left       | Stand   | 0.324589, | -1.32304,   | 2.68218,   | 0.807001,    | 0.366036,  | 0.2719,   |
| Ankle      |         | 0.206222, | 0.642722,   | 0.121017,  | 0.147859,    | 1.68645,   | -450.5633 |
| AIIKIC     |         | -256.2854 | -554.3361   | -537.3220  | -476.7527    | -494.9540  |           |
|            | Walk    | 0.180957, | -2.22175,   | 1.11316,   | 0.409151,    | 0.186674,  | 0.170829, |
|            |         | 0.160111, | 1.22276,    | 0.162561,  | 0.0583648,   | 1.08801,   | -499.9038 |
|            |         | -661.2210 | -963.2178   | -1140.8    | -1137.5      | -1143.9    |           |
|            | Jog     | 0.152835, | -2.42544,   | 1.04931,   | 0.377009,    | 0.154845,  | 0.150934, |
|            |         | 0.149056, | 1.26882,    | 0.145653,  | 0.0455621,   | 1.03283, - | -570.2239 |
|            |         | -775.6965 | -1229.9     | -1406.6    | -1363.0      | 1406.8     |           |
|            |         |           |             |            |              |            |           |
| Right      | Stand   | 0.697892, | -0.382181,  | 22.3974,   | 6.06767,     | 0.754165,  | 0.503373, |
| Ankle      |         | 0.140455, | 0.218571,   | 0.0311594, | 0.506768,    | 5.89407,   | 14.9323   |
| AIIKIÇ     |         | -870.7818 | -774.7176   | -816.4416  | -848.7342    | -906.3981  |           |
|            | Walk    | 0.211446, | -1.9174,    | 1.52028,   | 0.530728,    | 0.229124,  | 0.188051, |
|            |         | 0.161349, | 1.02224,    | 0.139084,  | 0.0707265,   | 1.3148,    | -679.4876 |
|            |         | -648.8990 | -762.8482   | -961.6184  | -959.9136    | -971.8924  |           |
|            | Jog     | 0.173576, | -2.27774,   | 1.08583,   | 0.401207,    | 0.178091,  | 0.164535, |
|            |         | 0.155015, | 1.24595,    | 0.159855,  | 0.0541433,   | 1.07067,   | -530.4517 |
|            |         | -712.9709 | -1022.7     | -1205.2    | -1203.1      | -1207.5    |           |

(c) 4.5 GHz Single Tone Waveform

After comparison of negative log-likelihood of these possible distributions, a fitted distribution is selected for each scenario in Table 11 below.

### Table 11: Fitted Statistical Distribution for Each Scenario

| Fitting     | Stand     | Walk     | Jog       |
|-------------|-----------|----------|-----------|
| Back        | Gamma     | Gamma    | Weibull   |
| Left Wrist  | Normal    | Nakagami | Lognormal |
| Left Ankle  | Weibull   | Weibull  | Weibull   |
| Right Ankle | Lognormal | Nakagami | Nakagami  |

#### (a) 400 MHz Single Tone

(b) 2.25 GHz Single Tone

| Fitting     | Stand     | Walk     | Jog     |
|-------------|-----------|----------|---------|
| Back        | Lognormal | Gamma    | Gamma   |
| Left Wrist  | Weibull   | Gamma    | Weibull |
| Left Ankle  | Lognormal | Nakagami | Weibull |
| Right Ankle | Lognormal | Nakagami | Gamma   |

(c) 4.5 GHz Single Tone

| Fitting     | Stand     | Walk     | Jog     |
|-------------|-----------|----------|---------|
| Back        | Weibull   | Weibull  | Gamma   |
| Left Wrist  | Weibull   | Nakagami | Weibull |
| Left Ankle  | Lognormal | Weibull  | Weibull |
| Right Ankle | Weibull   | Weibull  | Weibull |

### 3.4 Second Order Statistical Characterization

In BANs, different human body motions, antenna positions and center frequencies will result in shadow fading. And the received signal strength fluctuates extensively according to the characteristics of these channels. Given a certain threshold, the performance of the receiver is deteriorated due to the deep fading of channel, which will also give rise to a higher error rate. The statistics of level crossing (fade) rate and fade duration are the other two important parameters for designing medical sensors in BANs. Figure 11 describes the basic concept and parameters related to the level crossing rate and fading duration.

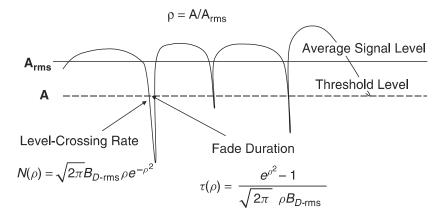


Figure 11: Second Order Statistics: Level-Crossing Rate and Fade Duration

# 3.4.1 Level Crossing Rate

The level crossing rate is defined as the average number of downward crossings of a certain threshold *T* per second. For a Rayleigh fading envelop distribution, the level crossing rate is defined as  $N(\rho)$  per second by

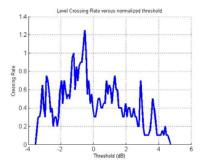
$$N(\rho) = \sqrt{2\pi} B_D \rho e^{-\rho^2} \tag{18}$$

Where  $\rho = A/A_{rms}$  is the ratio of the threshold level to the RMS amplitude of the fading envelope and  $f_M = 0.5B_D$  is the maximum Doppler spread of the signal.

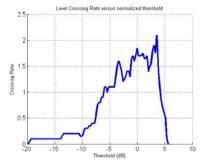
For different human body motions, we could not derive a fixed equation for the level crossing rate, since the envelope distributions are not determined. But we could obtain the normalized level crossing rate  $N(\rho)$  versus normalized threshold  $\rho$  in decibel for scenario set S1, where  $N(\rho)$  is normalized to the RMS value of the number of downward crossings and  $\rho$  is normalized to the RMS value of the envelope of the signal, as shown in fig.12. For low values of normalized threshold  $\rho$  below -4 dB of the standing motion, we rarely have a fade crossing this threshold. As the normalized threshold  $\rho$  increases, the number of fades crossing the threshold also increases until  $\rho$  is zeros, which means that the actual threshold reaches the RMS value of the envelope of the signal. After the threshold, the number of downward crossings decreases when the threshold is increased. Up to a point, there is no fading below the threshold any more.

For the three human motions defined in S1, the jogging motion had the greatest variation of channel fading with a peak value of 7.25 Hz. Communication links for walking has a

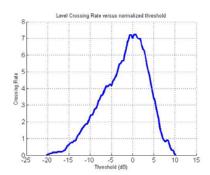
less crossing rate where the maximum level crossing rate is 2.10 Hz, since it is not as intense as jogging and the channel suffers from less shadow fading across the normalized threshold  $\rho$ . As a result of relatively stable motion, the level crossing rate is the smallest for standing, where the peak value is 1.25 Hz. Only a small number of fade crossings happen for a certain normalized threshold  $\rho$ . There is a potential relationship between the level crossing rate and Doppler spread caused by human body motions.



(a) Level Crossing Rate for Standing Motion



(b) Level Crossing Rate for Walking Motion



(c) Level Crossing Rate for Jogging Motion

Figure 12: Level Crossing Rate for Scenario Set S1

The summarized level crossing rate could be found in table 12 for all the possible

scenarios described in the measurement setup. The peak value of level crossing rate keeps increasing for standing, walking and jogging motions.

| Antenna     | Motion | Maximum Level     | Maximum Level     | Maximum Level     |
|-------------|--------|-------------------|-------------------|-------------------|
| Position    |        | Crossing Rate for | Crossing Rate for | Crossing Rate for |
|             |        | 400MHz            | 2.25 GHz          | 4.5 GHz           |
| Back        | Stand  | 1.1000            | 0.7000            | 1.2500            |
|             | Walk   | 2.0000            | 3.5000            | 5.6000            |
|             | Jog    | 5.4500            | 7.2000            | 8.6000            |
| Left Wrist  | Stand  | 2.0000            | 2.1000            | 1.7500            |
|             | Walk   | 2.5000            | 3.2000            | 4.3000            |
|             | Jog    | 4.4500            | 6.1500            | 10.5000           |
| Left Ankle  | Stand  | 1.9000            | 1.2500            | 1.9000            |
|             | Walk   | 1.8000            | 2.1000            | 4.4000            |
|             | Jog    | 3.4000            | 7.2500            | 10.8000           |
|             |        |                   |                   |                   |
| Right Ankle | Stand  | 3.0500            | 1.4500            | 3.1000            |
|             | Walk   | 1.5000            | 1.9000            | 5.2500            |
|             | Jog    | 2.1500            | 7.6500            | 10.8500           |

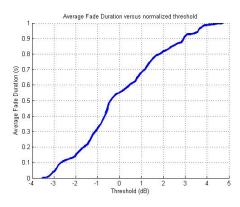
Table 12: Level Crossing Rate

### 3.4.2 Average Fade Duration

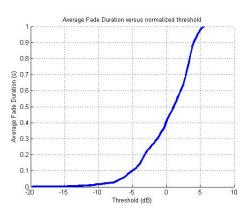
The average fade duration, also referred to as outage duration, is calculated as the average time duration when fading is below a certain threshold. The average fade duration  $\tau(\rho)$  for Rayleigh fading is defined as

$$\tau(\boldsymbol{\rho}) = \frac{e^{\boldsymbol{\rho}^2} - 1}{\sqrt{2\pi} \boldsymbol{\rho} \boldsymbol{B}_{\boldsymbol{\rho}}} \tag{19}$$

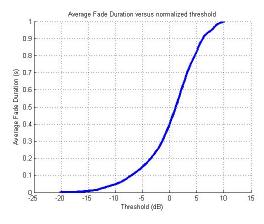
Where  $\rho$  is the given threshold. Figure 13 explicitly gives the average fade duration versus normalized threshold  $\rho$  for scenario set S1, which shows that the standing motion has the fastest increasing speed compared with walking and jogging motions. For the total measurement duration of 20 s, the averaged fade duration time is a non-decreasing function of the normalized threshold. For a lower value of  $\rho_0$ , there is almost no fading duration below the normalized threshold. As the normalized threshold increases, the fade duration keeps on rising until it reaches to the measurement time duration (20 s) as the normalized threshold arrives at its peak amplitude.



(a) Fade Duration for Standing



(b) Fade Duration for Walking



(c) Fade Duration for Jogging

Figure 13: Fade Duration for Scenario Set S1

### 3.4.3 Outage Probability

For a given threshold, the outage probability is computed as the probability distribution of fading when the signal power drops below this threshold. It is a measure of the quality of transmission in a mobile radio channel. If the average number of downward crossings for a normalized level is denoted as  $N(\rho)$  and the average fade duration is  $\tau(\rho)$ , then the outage probability is calculated as

$$Prob(\alpha < \rho) = \tau(\rho) \times N(\rho)$$
<sup>(20)</sup>

And the percentage of time that the system can send information is given as

$$S = 1 - Prob\{\alpha < \rho\} = 1 - \tau(\rho) \times N(\rho)$$
(21)

IEEE 802.15.6 standard <sup>[62]</sup> has proposed that the latency requirement is 125 *ms* for medical applications and 250 *ms* for non-medical applications. In order to satisfy these requirements, a higher normalized threshold, coming from Path Loss model is claimed to maintain the throughput of the unstable channel in packet communications.

### 3.5 Doppler Spread Spectrum

It is well known from the analysis of electromagnetic signals that if there is a relative motion between the source and the receiver, an apparent change will occur in frequency between the source of a wave and the receiver of the wave. If either the source or the receiver moves towards the other, the receiver will perceive a higher frequency. This is because the receiver will receive a greater number of electromagnetic waves per second and interpret the greater number of waves as a higher frequency. Conversely, if the source and the receiver are moving apart, the receiver will receive a smaller number of electromagnetic waves per second and will perceive a lower frequency. In both cases, the frequency produced by the source will remain constant. The maximum Doppler frequency shift is determined by the velocity of the movement  $v_m$  and the length of propagation wave  $\lambda = \frac{c}{f_c}$  by

$${}^{+}f_{m} = \frac{v_{m}}{\lambda} \tag{22}$$

where c is the propagation velocity and  $v_c$  is the transmitting frequency. When the

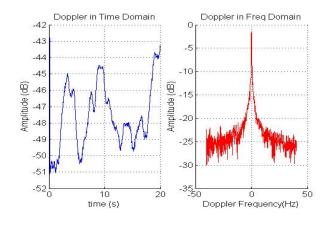
transmitter is moving toward the receiver, the Doppler frequency shift  $f_m$  would be positive. On the other hand,  $f_m$  would be negative if transmitter moves away from the receiver. Hence, the maximum value of  $f_m$  could be approximate from Doppler spread BD of the on-body to on-body communication.

From the narrowband measurement results, we have the time domain response  $H(f_c; t)$  received from an unmodulated sine wave transmitted at 400 MHz, 2.25 GHz and 4.5 GHz respectively. By design, each measurement is a sample of an ergodic process and stationary. All the following analysis below assumes that the channel is wide-sense stationary at a minimum <sup>[70]</sup>.

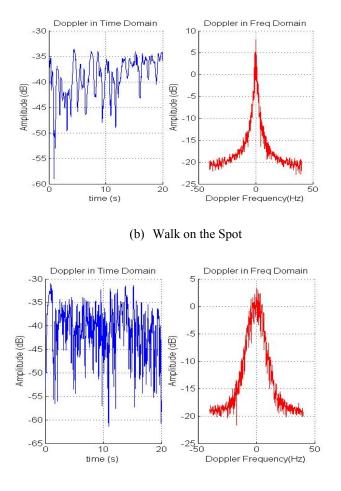
Applied a threshold of -10 *dBm* in the frequency domain, Doppler spread  $D(\lambda)$  could be derived from the Fourier transform of the time domain data  $H(f_c; t)$ , where

$$D(\lambda) = \int_{-\infty}^{+\infty} H(f_c; t) e^{-j2\pi\lambda t} dt$$
(23)

A set of Doppler spreads for a specific scenario S1 = {{2.25 GHz}, {Stand, Walk, Jog}, {Left Ankle}, {Right Hip}} is shown in fsig.14, including both time domain response  $H(f_c; t)$  and corresponding response  $D(\lambda)$  in frequency domain. The Doppler spreads for standing, walking and jogging motions are approximately 0.5507 Hz, 4.0843 Hz and 10.8344 Hz for the communication link between left ankle and right hip at 2.25 GHz.



(a) Stand Still



(c) Jog on a Spot

Figure 14: Time Domain and Frequency Domain Analysis of Scenario Set S1

For the on-body to on-body communication, Doppler spread varies approximately from 0.5 to 11 Hz for scenario set S1. Table 13 lists Doppler spreads for each scenario defined in Sect.2.6.2. The conclusion drawn from table 13 is that the Doppler spread increases approximately from 0.1 to 12 Hz for different antenna placement, different center frequency and three human body movements. And as the transmission range which is related to positions of TX antenna, Doppler spreads also rises in a small range when the distance between RX and TX increases. Table 14 lists a comparison of Doppler spread for Scenario Set S2, where S2 is defined as  $S2 = \{\{400 \text{ MHz}, 2.25 \text{ GHz}, 4.5 \text{ GHz}\}, \{Walk\}, \{Left Ankle\}, \{Right Hip\}\}$ . For the transmission link from left ankle to right hip of walking motion, the Doppler spread increases in a small range. But for all the scenarios, the Doppler spread is not proportionally related to the center frequency.

Table 13: Doppler Spread for All the Scenarios at 400 MHz, 2.25 GHz, 4.5 GHz

| Antenna Position | Motion | Doppler (Hz) | RMS Doppler | Coherence Time |
|------------------|--------|--------------|-------------|----------------|
|                  |        |              | (Hz)        | (ms)           |
| Back             | Stand  | 0.4255       | 0.5802      | 209.8786       |
|                  | Walk   | 0.8594       | 1.0300      | 135.4084       |
|                  | Jog    | 2.5682       | 1.7671      | 71.4551        |
|                  |        |              |             |                |
| Left Wrist       | Stand  | 0.2753       | 0.4949      | 350.1076       |
|                  | Walk   | 2.9620       | 1.6181      | 109.1818       |
|                  | Jog    | 7.1952       | 2.5509      | 74.2856        |
|                  |        |              |             |                |
| Left Ankle       | Stand  | 0.1752       | 0.4532      | 688.4473       |
|                  | Walk   | 2.4906       | 1.4476      | 188.9173       |
|                  | Jog    | 7.1214       | 2.4516      | 47.2303        |
|                  |        |              |             |                |
| Right Ankle      | Stand  | 0.1001       | 0.4956      | 291.9244       |
|                  | Walk   | 2.2236       | 1.5050      | 150.6865       |
|                  | Jog    | 6.4080       | 2.5150      | 39.1484        |

# (a) Doppler Analysis for 400 MHz

(b) Doppler Analysis for 2.25 GHz

| Antenna Position | Motion | Doppler (Hz) | RMS Doppler | Coherence Time |
|------------------|--------|--------------|-------------|----------------|
|                  |        |              | (Hz)        | (ms)           |
| Back             | Stand  | 0.6383       | 0.7758      | 724.0871       |
|                  | Walk   | 5.2516       | 2.2093      | 123.2081       |
|                  | Jog    | 8.5041       | 2.7276      | 47.3489        |
|                  |        |              |             |                |
| Left Wrist       | Stand  | 0.5006       | 0.6975      | 234.4692       |
|                  | Walk   | 4.7885       | 2.0608      | 104.6887       |
|                  | Jog    | 12.0006      | 3.1149      | 40.6528        |
|                  |        |              |             |                |
| Left Ankle       | Stand  | 0.5507       | 0.7696      | 377.2509       |
|                  | Walk   | 3.5419       | 1.8789      | 124.6821       |
|                  | Jog    | 10.8344      | 3.0082      | 28.8768        |
|                  |        |              |             |                |
| Right Ankle      | Stand  | 1.3392       | 0.9833      | 1050.60        |
|                  | Walk   | 4.7997       | 2.0063      | 128.9503       |
|                  | Jog    | 11.5501      | 3.1837      | 38.4998        |

(c) Doppler Analysis for 4.5 GHz

| Antenna Position | Motion | Doppler (Hz) | RMS Doppler | Coherence Time |
|------------------|--------|--------------|-------------|----------------|
|                  |        |              | (Hz)        | (ms)           |
| Back             | Stand  | 0.4756       | 0.5856      | 474.8717       |
|                  | Walk   | 3.3000       | 1.6951      | 50.2929        |
|                  | Jog    | 5.3948       | 2.2459      | 26.2686        |
|                  |        |              |             |                |
| Left Wrist       | Stand  | 0.7259       | 0.8366      | 475.5905       |
|                  | Walk   | 3.7213       | 1.7641      | 72.9752        |
|                  | Jog    | 7.4471       | 2.6017      | 18.0017        |
|                  |        |              |             | •              |

| Left Ankle  | Stand | 0.4255 | 0.6349 | 357.8102 |
|-------------|-------|--------|--------|----------|
|             | Walk  | 4.0843 | 1.6861 | 90.0661  |
|             | Jog   | 6.5477 | 2.6133 | 16.6652  |
|             |       |        |        |          |
| Right Ankle | Stand | 0.3755 | 0.5616 | 390.0243 |
|             | Walk  | 3.8277 | 1.7594 | 89.3603  |
|             | Jog   | 7.3216 | 2.8870 | 13.9869  |

Table 14: Comparison of Doppler Spread for Scenario Set S2

| Transmitter Placement | Frequency | Doppler Spread (Hz) | RMS Doppler Bandwidth (Hz) |
|-----------------------|-----------|---------------------|----------------------------|
| Left Ankle            | 400 MHz   | 2.4906              | 1.4476                     |
|                       | 2.25 GHz  | 3.5419              | 1.8789                     |
|                       | 4.5 GHz   | 4.0843              | 1.6861                     |

# 3.6 RMS Doppler Spread

A more specific estimation of Doppler spread is the RMS Doppler bandwidth <sup>[70]</sup> defined by

$$f_N = \left[\frac{\int \lambda^2 V(\lambda) d\lambda}{\int V(\lambda) d\lambda}\right]^{1/2}$$
(24)

where  $V(\lambda)$  is the Fourier transform of the complex auto-correlation function of  $H(f_c; t)$ . RMS Doppler bandwidth is proposed to describe Doppler shift by calculating the weighted signal power rather than a simply overall width of the spectrum in a more scientific method.

For the scenario set S, the RMS Doppler bandwidth changes in a range of 0.4–4 Hz, where difference comes from various human body motions, center waveform frequency, and antenna positions on the test subject. In table 13, for the standing still motion, RMS Doppler bandwidth is always below one, which shows a concentrated distribution of signal power. While for walking and jogging motions, RMS Doppler bandwidth is much larger than that of standing still, since signal power is dispersedly distributed in the frequency domain. Doppler spread spectrums in fig.14 have shown an example of power distribution in frequency domain, where the Doppler Spread increases from (a) to (b) to (c). For a scenario set S2, table 15 illustrated that RMS Doppler spread bandwidth increases in a small range for the communication link from left ankle to right hip at different center frequency. But the RMS Doppler spread does proportionally relate to the

transmission center frequency.

## 3.7 Shape of Doppler Spread Spectrum

In the on-body to on-body channel, the transmitter and receiver could be either stationary or mobile. The relative mobility will lead to different Doppler shapes in frequency domain, where the "Bell-Shaped" Doppler spectrum are relative to center frequency and human body motions. In this study, we obtained maximum likelihood estimates of received signal strength in dB with respect to frequency variations of three curves, which is used to characterize and model channels in past researches.

Laplacian

$$F(f) = \frac{a}{b+cf^2} + d \tag{25}$$

where *f* is the sampling frequency.

• Gaussian

$$F(f) = \sum_{i=0}^{i=n-1} a_i exp \left( -(f_0 - f_i)^2 / c_i^2 \right)$$
(26)

this is an *nth* order Gaussian model, where f is the sampling frequency. We use the 4-th order Gaussian curve as a candidate for the shape of Doppler spread spectrum.

• Polynomial

$$F(f) = \sum_{i=0}^{i=n-1} p_i f^i \tag{27}$$

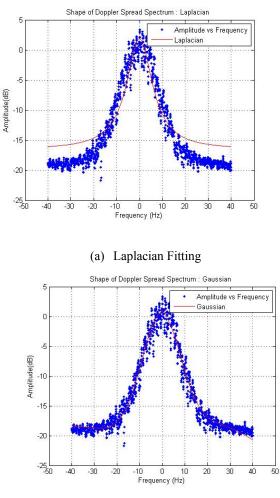
This is an *n*th order Polynomial model, where f is the sampling frequency. We use the 4-th order Polynomial curve as a candidate for the shape of Doppler spread spectrum.

In order to compare goodness of the three curve fittings, we consider root mean square error (RMSE) between the proposed curves and actual measured data. Given total deviation of measured values with the fit to the measured values, we come to the estimation of standard deviation of random component in measured data, and is defined as

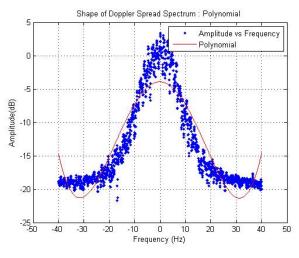
$$RMSE = \sqrt{MSE(\widehat{\theta})} = \sqrt{E((\widehat{\theta} - \theta)^2)}$$
(28)

Where  $\hat{\theta}$  is an estimator with respect to the measured data  $\theta$  leading to the least RMSE values.

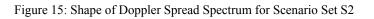
Figure 15 shows a sample of shape fittings for scenario  $S3 = \{\{2.25 \text{ GHz}\}, \{Jog\}, \{Left Ankle\}, \{Right Ankle\}\}$ . The 4*th* order Gaussian estimator has the minimum RMSE 1.2503, which shows a better performance than the Laplacian or Polynomial estimator.



(b) 4-th order Gaussian Fitting



(c) 4-th order Polynomial Fitting



For all the considered scenarios, the estimated shape is shown in table 15 below.

| Transmitter | Movement | Gaussian | Polynomial | Laplacian | Best Fit  |
|-------------|----------|----------|------------|-----------|-----------|
| Placement   |          | (RMSE)   | (RMSE)     | (RMSE)    |           |
| Back        | Stand    | 1.5556   | 2.7620     | 2.5246    | Gaussian  |
|             | Walk     | 1.5573   | 2.9677     | 3.4680    | Gaussian  |
|             | Jog      | 1.5623   | 2.7473     | 4.9783    | Gaussian  |
|             |          |          |            |           |           |
| Left Wrist  | Stand    | 1.5577   | 3.1874     | 2.5327    | Gaussian  |
|             | Walk     | 1.2879   | 3.3299     | 4.3967    | Gaussian  |
|             | Jog      | 1.5426   | 2.7538     | 3.9092    | Gaussian  |
|             |          |          |            |           |           |
| Left Ankle  | Stand    | 1.8447   | 2.6659     | 2.0905    | Gaussian  |
|             | Walk     | 1.3382   | 3.0904     | 4.2168    | Gaussian  |
|             | Jog      | 2.5206   | 3.2646     | 2.2528    | Laplacian |
|             |          |          |            |           |           |
| Right Ankle | Stand    | 1.4869   | 2.3832     | 1.7931    | Gaussian  |
|             | Walk     | 1.9683   | 3.3608     | 4.6428    | Gaussian  |
|             | Jog      | 1.5118   | 2.8692     | 4.9422    | Gaussian  |

| (a) | Center | frequency | at 400 | MHz |
|-----|--------|-----------|--------|-----|
|     |        |           |        |     |

| Transmitter | Movement | Gaussian   | Polynomial          | Laplacian | Best Fit   |
|-------------|----------|------------|---------------------|-----------|------------|
| Placement   |          |            |                     |           |            |
| Back        | Stand    | 1.6717     | 2.8621              | 2.7583    | Gaussian   |
|             | Walk     | 1.3376     | 2.9252              | 3.0400    | Gaussian   |
|             | Jog      | 1.4709     | 2.7434              | 3.0424    | Gaussian   |
|             |          |            |                     |           |            |
| Left Wrist  | Stand    | 1.0378     | 1.7610              | 2.1399    | Gaussian   |
|             | Walk     | 1.3275     | 4.0592              | 6.0163    | Gaussian   |
|             | Jog      | 15.9193    | 2.6757              | 7.1874    | Polynomial |
|             |          |            |                     |           | 1          |
| Left Ankle  | Stand    | 1.5800     | 2.6943              | 1.4931    | Laplacian  |
|             | Walk     | 1.0414     | 3.2636              | 1.0877    | Gaussian   |
|             | Jog      | 1.2503     | 2.7156              | 2.7462    | Gaussian   |
|             |          |            |                     |           |            |
| Right Ankle | Stand    | 0.9967     | 2.4638              | 2.9908    | Gaussian   |
|             | Walk     | 1.3204     | 4.0858              | 1.4053    | Gaussian   |
|             | Jog      | 1.6557     | 2.7096              | 5.1726    | Gaussian   |
|             |          | (c) Center | frequency at 4.5 GI | Hz        |            |
| Transmitter | Movement | Gaussian   | Polynomial          | Laplacian | Best Fit   |
| Placement   |          |            |                     |           |            |
| Back        | Stand    | 1.5198     | 2.7898              | 2.2770    | Gaussian   |
|             | Walk     | 1.3888     | 2.9584              | 1.3737    | Laplacian  |
|             | Jog      | 1.5267     | 1.8955              | 2.6266    | Gaussian   |
|             | ~        |            |                     |           |            |
| Left Wrist  | Stand    | 1.4376     | 2.5096              | 1.4731    | Gaussian   |
|             | Walk     | 1.3592     | 3.6857              | 1.3874    | Gaussian   |
|             | Jog      | 1.4725     | 1.5991              | 3.8102    | Gaussian   |
| Left Ankle  | Stand    | 1.5807     | 2.9347              | 2.1678    | Gaussian   |
| Low runde   | Walk     | 1.4257     | 3.4260              | 5.5908    | Gaussian   |
|             | Jog      | 1.4472     | 1.6969              | 2.9549    | Gaussian   |
|             | U U      |            |                     |           |            |
| Right Ankle | Stand    | 1.4753     | 2.7258              | 1.5158    | Gaussian   |
|             | Walk     | 1.6347     | 3.5181              | 6.1423    | Gaussian   |
|             | Jog      | 1.5364     | 1.6077              | 4.7368    | Gaussian   |

(b) Center frequency at 2.25 GHz

Comparing the RMSE for the Laplacian, Gaussian and Polynomial estimators, the 4*th* order Gaussian function is a good candidate for the shape of the Doppler spread spectrum of different human body movements. But it does not always perform better than Laplacian and Polynomial estimators for several cases.

## 3.8 Coherence Time

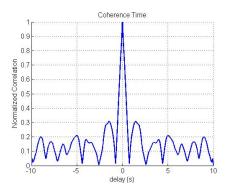
Coherence time is the description of time dispersive nature of the channel in time domain, equivalent to Doppler spread in frequency domain. It is actually a statistical measurement of the time duration over which the channel impulse response is essentially invariant. In other words, coherence time is the time duration over which two received signal has a strong amplitude correlation. In a baseband transmission, a distortion will occur when bandwidth of the signal is greater than the inverse of coherence time. Coherence time and Doppler spread are inversely proportional to each other.

$$f_m = \frac{c}{T_c} \tag{29}$$

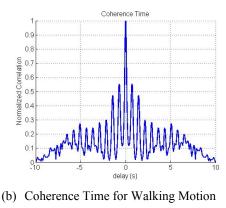
where c is a constant value. Channel coherence time is typically defined as the time duration over which the normalized auto correlation coefficients of time domain data is above 0.5, defined by

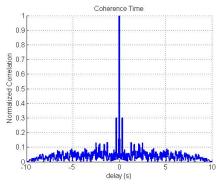
$$\rho(m) = \frac{\sum_{n=1}^{N-|m|} \{x(n+m) - m_x\} \{x^*(n) - m_x\}}{|r(n+m)| \times |r(n)|}$$
(30)

where  $m_x$  is the mean value with  $\frac{1}{N}\sum_{n=1}^{N} x(i)$  and  $|r(n)| = \sum_{n=1}^{N} \{x(n) - m_x\}^2$  The correlation function for scenario S1 is shown in fig.16 below.



(a) Coherence Time for Standing Motion





(c) Coherence Time for Jogging Motion

Figure 16: Coherence Time for Scenario Set S1

Hence, the coherence time  $T_c$  is 377.2509 *ms* for standing, 124.6821 *ms* for walking and 28.8768 *ms* for jogging, which means that a maximum symbol transmission rate  $\frac{1}{T_c}$  of 2.65 *Hz* for standing, 8.02 *Hz* for walking and 34.63 *Hz* for jogging is required to avoid distortion from frequency dispersion for the communication link from left ankle to right hip at 2.25 GHz in digital communication system. Table 13 shows the summary of coherence for all the possible communication links at MICS, ISM and UWB bands. As the intensity of human body movements increases, the coherence time will decrease sharply, since the channel suffers from greater fading and invariant in a shorter duration. The coherence time is usually below 90 *ms* for jogging motion, around 100 *ms* for walking motion and more than 200 *ms* for standing motion.

# 4 Activity Classification with Inertial Sensors

### 4.1 Sensors on Smartphones

During the past several decades, tremendous development of the microelectronics has enabled sensors and mobile devices with unprecedented characteristics. These small, high computation and low cost sensors interact with people in a sensor pervasive environment. Smartphones with built-in sensors could continuously monitor location, motion and various environmental conditions. These mechanical sensors would provide relatively accurate data. The location sensors report the physical location of the device, including orientation sensors and magnetometers. The motion sensors monitor device movements, e.g. acceleration, forces and gravity. The environmental sensors measure various environmental parameters, such as pressure, illumination and humidity.

In this thesis, we use four Samsung Exhibit II as the device to collect data and model the human body motion offline. This Samsung Exhibit II has an Android operating system with a 2.3.3 API level. There are more than seven build-in sensors: GP2A Proximity Sensor, AK8975 Magnetic Field Sensor, AK8975 Orientation sensor, BMA222 Acceleration Sensor, GP2A Light Sensor, etc. In order to differentiate human body motions standing, walking and jogging, we use the mean and variance of the linear accelerometer, orientation and gravity as the features to the neural networks along with Received Signal Strength features discussed in chap.3. Figure 17 shows the coordinate system (relative to a device) that is used as the description of sensor's coordinate system.

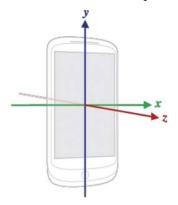


Figure 17: Coordinate System that is used by the Android Smartphones

We extracted features from the accelerometer and orientation sensor in Samsung Exhibit II. The accelerometer sensor measures the acceleration force in  $m/s^2$  along x axis, y axis

and z axis, including the gravity of the earth. The orientation sensor is highly related to the physical of the device, which could monitor the degrees of rotation relative to the three physical axes.

# 4.2 Behavior of Sensors

## 4.2.1 Data Collection

In order to understand the performance of built-in sensors on the smartphone, we placed the smartphone on the desktop to analyze the stability of accelerometer and orientation sensors. The accelerometer provides the acceleration along each device axis, including gravity. The linear acceleration is calculated by the following relationship

# $linear \ acceleration = acceleration - acceleration \ due \ to \ gravity \tag{31}$

We use a sliding window with a size of 2048 samples. The time domain data of accelerometer sensor and orientation sensor for three axes are shown in fig.18 and fig.19 respectively. And the statistical results are shown in table 16 for accelerometer sensor and table 17 for orientation sensor.

| Table 16: Stability of | of Accelerometer Sensor |
|------------------------|-------------------------|
|------------------------|-------------------------|

| Coordination | Х          | Y           | Z          |
|--------------|------------|-------------|------------|
| Mean         | 5.2437e-04 | -3.2102e-04 | 8.5280e-04 |
| Variance     | 0.0057     | 0.0012      | 0.0056     |

| Coordination | Х       | Y      | Z      |
|--------------|---------|--------|--------|
| Mean         | 16.0985 | 0.9146 | 1.2102 |
| Variance     | 0.0778  | 0.0409 | 0.1869 |

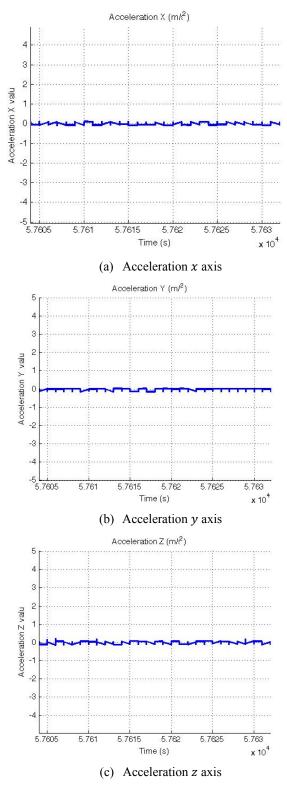


Figure 18: Time Domain data of accelerometer sensor

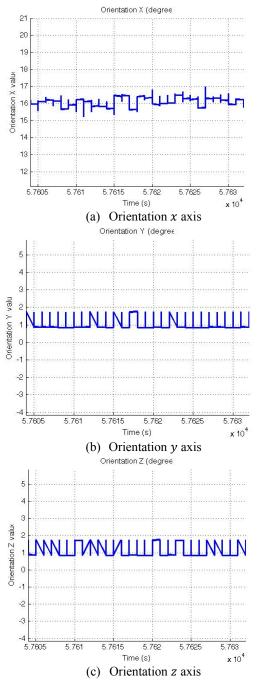


Figure 19: Time Domain data of orientation sensor

Instability of these mechanical sensors introduces bias into measurement, and is required to be eliminated from measurement of human body movements.

Similar as the measurement setup discussed in chapter 2, four Android phones are attached to back, left wrist, left ankle and right ankle on the surface of human body,

which is the same placement as RF sensors. Real Time data of three different human body movements (standing, walking and jogging) are collected in a three-minute interval. The first 10 samples and the last 10 samples are discarded to reduce the error. Ten sets of data are collected, processed and evaluated for activity classification.

# 4.2.2 Mean and Variance

Based on the collected data, statistical analysis of accelerometer and orientation sensors are discussed in this part. Mean and variance of different human body motions are important features to distinguish between three possible motions. The DC component is the mean acceleration and orientation values of the signal over the sampling window. The variance of acceleration and orientation values is reflective of the intensity of body movements.

# 4.2.3 Energy

The energy <sup>[67]</sup> feature is defined as the sum of the discrete Fast Fourier Transformation (FFT) component magnitudes of the signal, normalized by the number of samples. Additionally, the DC component of the signal is excluded in the calculation. The energy feature is defined as

$$\boldsymbol{E} = \frac{\sum_{i=1}^{n} |FFT(x_i)|}{n} \tag{31}$$

where *n* is the number of samples and  $x_i$  is the *ith* signal amplitude.

# 4.2.4 Frequency-domain entropy

The frequency-domain entropy <sup>[67]</sup> measures the information of the uncertainty associated with each sample in the data stream. It represents the expected value of information contained in the discrete FFT component of the reported signal. The frequency-domain entropy is calculated as the entropy of the normalized signal strength.

$$H(X) = \sum_{i=1}^{n} P(x_i) I(x_i) = \sum_{i=1}^{n} P(x_i) * \log \frac{1}{P(x_i)}$$
(32)

where  $P(x_i) = \frac{|FFT(x_i)|}{\sum_{i=1}^{n} FFT(x_i)}$ . And the DC component should also be excluded from this calculation.

## 4.3 Activity Classification

The human body activity classification has tremendous application in medical, entertainment, security, etc. For instance, patients with obesity or diabetes are often required to follow an amount of regular exercises as part of their treatment; patients with heart attack diseases need to be remotely monitored in case of accident. These could be achieved by differentiating and tracking a variety of human body movement. The recognition of human activities could be approached with the assistance of wearable sensors, including RF and inertial sensors. Extracted features are mostly related to the user's movements (e.g. accelerometers), environmental variables (e.g. temperature) or physiological signals (e.g. ECG). With body mounted accelerometers, human body activities could be classified <sup>[74, 75]</sup>. As the emerging of smart devices, a variety of activity recognition applications are evolved for smartphones <sup>[76-80]</sup>. Accurately classify activities would also enhance the indoor geolocation <sup>[81]</sup>.

# 4.3.1 Activity Recognition Architecture and Methods

Activity classification problem could be solved with machine learning algorithms, which requires training stage and evaluation stage. The training stage generates an activity recognition model from the attributes extracted from the measured time series datasets. The evaluation stage is to test unknown datasets with the prior trained learning model. The architecture for the activity classification is shown in fig.20 below.

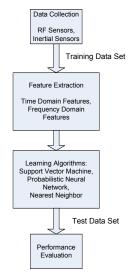


Figure 20: Activity Classification Architecture

In order to achieve high classification accuracy, several issues need to be carefully considered in the algorithm design.

- Target activity types. There are a lot of activity types required to classify with each other: ambulation activities (e.g. walking, jogging, climbing stairs, descending stairs), transportation movements (e.g. Riding a bus, cycling, driving), daily activities (e.g. eating, drinking, working, watching, reading, washing), etc. The complexity and intensity of a variety of activities would introduce different pattern recognition problem. Moreover, the overlapped activities would bring more difficulty into the activity classification problem. In the following discussion, we assume each body activity is separated from others.
- 2) Feature selection. With wearable RF and inertial sensors, signal strength attributes, motion attributes, location, environmental attributes could be measured and processed for the learning algorithms. Features in the processed dataset should be carefully extracted to reduce redundancy and irrelevancy that might negatively affect the recognition accuracy.
- 3) Learning algorithms. In order to discover classification pattern, machine learning algorithms are developed and evaluated to describe, analyze and predict data. The learning algorithms are divided into three categories: supervised learning, unsupervised learning and semi-supervised learning. The supervised learning algorithms include Decision Tree classifier, Bayesian Networks, Neural Network, Support Vector Machines, Fuzzy Logic method, Regression methods, Hidden Markov models, working with labeled data. The unsupervised learning method deals with unlabeled data. But unsupervised learning might be hard to be used to differentiate activities. Semi-supervised learning algorithm is developed by allowing part of the data to be unlabeled.

A variety of activity classification systems has been researched, developed and evaluated in the past several decades. Maurer presented "eWatch" <sup>[82]</sup> recognition system that embeds accelerometer, light sensor, thermometer and microphone sensor inside. A C4.5 Decision Tree is applied to the time domain features to achieve an accuracy up to 92.5% for six ambulation activities. "Cosar" framework <sup>[83]</sup> for activity recognition is proposed by Daniele Riboni where real-time data are collected

with two accelerometers and GPS sensor under the Android platform. Statistical and ontological reasoning are applied to achieve an overall accuracy around 93%. "ActiServ" <sup>[76]</sup> made use of a fuzzy inference system to classify ambulation with built-in accelerometer in mobile phones. Yet it would sacrifice long runtime duration with a top accuracy level. A Hidden Markov Model (HMM) <sup>[84]</sup> to recognize the body activity is derived to predict activity, based on the measured angular velocity and 3D deviation of the acceleration signals.

### 4.3.2 Feature Extraction

The variance, energy and entropy of time domain data extracted from the accelerometer and orientation sensor are analyzed to provide as features for activity classification. Moreover, the path loss range, variance of path loss, the maximum level crossing rate, Doppler spread, RMS Doppler spread and coherence time are also applied to classify three human body motions.

### 4.3.3 Backpropagation Network

Backpropagation was created by generalizing the Widrow-Hoff learning rule to multiplelayer networks and nonlinear differentiable transfer functions. The scale conjugate gradient algorithm <sup>[68]</sup> is applied to the train data set to generate a function approximate to learn the behavior of backpropagation network. This algorithm, designed to avoid line search, is a combination of the conjugate gradient approach and model-trust region approach.

The propagation network architecture is shown in the fig.21 below. The training data set goes into Input. Weight and bias are iteratively adjusted to minimize the mean square error for feedforward networks - the average squared error between the network outputs and the target outputs.

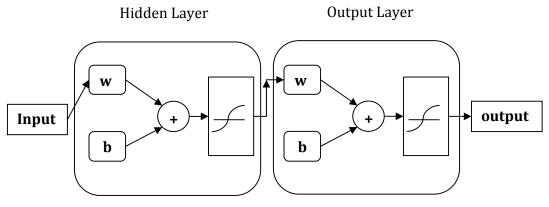


Figure 21: Propagation Network Architecture

The comparison of backpropagation algorithm on different data sets is shown in table 18 below, where the RF sensors can detect human body motions with an accuracy of 96.67%, more accurate than assisted with accelerometer and orientation sensor.

Table 18: Comparison of Different Machine Learning Algorithms

| Sensors       | BP     | PNN   | kNN   | SVM    |
|---------------|--------|-------|-------|--------|
| Inertial      | 75%    | 83.3% | 91.7% | 83.3%  |
| RF            | 96.67% | 75%   | 83.3% | 96.67% |
| Inertial & RF | 96.67% | 83.3% | 91.7% | 91.7%  |

# The performance of validation is shown in fig.22 below.

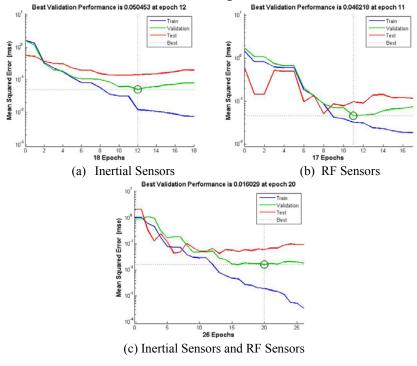


Figure 22: Performance Validation

### 4.3.4 Probabilistic Neural Network (PNN)

Artificial Intelligence has gained great prominence in the area of pattern recognition. Probabilistic Neural Network (PNN) <sup>[85, 86]</sup> was first proposed by Donald F. Specht in 1988 could be used for the human body activity classification problem. Fig.23 shows the neural network architecture for classification of input patterns *X* into two categories. The input unit does not perform any computation functionalities. It simply feeds input data to the pattern units. In the pattern units, the exponentiation activation function is used to replace the commonly used sigmoid activation function for back-propagation

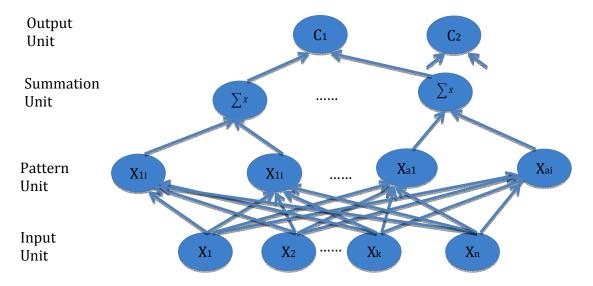


Figure 23: Neural Network Architecture for Classification

Each pattern neuron forms a product of the input vector  $x_k$ :

$$\varphi_{ai} = \frac{1}{(2\pi d)^{d/2}} \exp\left[-\frac{(x - x_{ai})^T (x - x_{ai})}{2\sigma^2}\right]$$
(33)

Where  $x_{ai}$  is the *ith* training vector from category *a*, *d* is the dimension of the input feature vector,  $\sigma$  is the smooth factor. Smooth factors would have different effects on the estimated PDF. The summation unit would accumulate and average the inputs from the pattern units which correspond to the same activity class.

$$f_a = \frac{1}{m} \sum_{i=1}^{m} \varphi_{ai} \tag{34}$$

Where m denotes the number of training vectors in category a. Assuming an equal priori probability for each category, the classification of each pattern vector is made according to the Bayes' Rule:

$$c(x) = argmax\{f_a(x)\}$$
  $a = 1, 2, ..., n$  (35)

The output units represent the results of activity classification.

For the three target human body motions, the PNN algorithm assisted with RF sensors and inertial sensors provides an accuracy of 83.3%. Potentially, the detection accuracy of PNN algorithm would increase if more distinguished features are provided, since this algorithm essentially calculates the relevance between the target data set and the training data set by the kernel function.

### 4.3.5 *k*-Nearest Neighbor (*k*-NN)

The k-nearest neighbor algorithm is a lazy learning approach to solve activity classification problem based on the closed training sets in the feature space. The k-nearest neighbor algorithm is among the simplest of all machine learning algorithms: an object is assigned to the class most common among its k nearest neighbors. This algorithm finds the estimated class with local optimality. Therefore it would require large storage space and intensive computation to achieve high performance.

Like other learning algorithms, a decision boundary is computed through the training stage where the training sets are vectors in a multidimensional feature space labeled individually. In the classification procedure, an unlabeled vector is classified by assigning the label which is most frequently among k training sets nearest to the query point, where k is a user-defined constant.

The training set is defined as:

 $x = \{x_1, x_2, \dots, x_n\}$ 

Each  $x_i$  is a vector containing *a* features,  $x_i = \{x_{1i}, x_{2i}, ..., x_{ni}\}$ . The Euclidean distance is used as the distance metric to find the nearest point from training set *x* to the unlabeled vector.

$$d(y, x_i) = \sqrt{\sum_{k=1}^{a} (y_k - x_{ik})^2}$$
(36)

The count of each category k is accumulated as c(k). Therefore, the unlabeled vector is classified by solving  $argmax(c(x_i))$  subject to  $\sum_{i=1}^{a} c(x_i) = k$ .

A 4*th* order nearest neighbor approach is applied to classify the three human body motions, the accuracy with inertial sensors is 91.7%, higher than that with RF sensors. The reason lies in that only six features are provided by the RF sensors, far less than the

72 features with inertial sensors. More features would provide relatively accurate estimation of Euclidean distance defined in eq.41.

### 4.3.6 Support Vector Machine (SVM)

Support Vector Machine is commonly used for activity classification problem. In order to obtain an "optimal" boundary (the most distant hyperplane from both sets), a kernel function is used to project data sets to higher dimensional space with the aim of finding a linear decision boundary to partition the data.

The boundary hyperplane is expressed as

$$\boldsymbol{w}^T \boldsymbol{x} + \boldsymbol{b} = \boldsymbol{0} \tag{37}$$

where w is the weight coefficient vector and b is a bias term. The optimal boundary maximizes the minimum of the distance between the training vector and the boundary and is formalized to a optimization problem as

$$\begin{array}{ll} minimize & w^T w\\ subject to & y_i(w^T x_i + b) \ge 1 \end{array} \tag{38}$$

where  $y_i = \begin{cases} -1, & \text{if } x_i \text{ belong to one set} \\ 1, & \text{if } x_i \text{ belong to the other set} \end{cases}$ 

This optimization problem could be achieved by Lagrange's method of indeterminate coefficients. The Lagrange's equation is defined as

$$L(w, b, a_i) = \frac{1}{2} w^T w - \sum_i a_i [y_i (w^T x_i + b) - 1] = -\frac{1}{2} \sum_i \sum_j a_i a_j y_i y_j x_i^T x_j + \sum_i a_i (39)$$

where  $a_i \ge 0$  is the indeterminate coefficients. Solve this conditional optimization problem with derivative of  $L(w, b, a_i)$ , we could reduce it to a quadratic programming problem which finds  $a_i$  to maximize  $L(w, b, a_i) = -\frac{1}{2}\sum_i \sum_j a_i a_j y_i y_j x_i^T x_j + \sum_i a_i$ , subject to  $\sum_i a_i y_i = 0, a_i \ge 0$ .

Kernel method is used to find the nonlinear boundary by transformation the vector space to a higher dimensional space, so that a nonlinear separable data could be linearly separable after transformation. Let  $\Phi$  denotes the transformation to higher dimensional space. The kernel function is defined to the distance in transformed space is related to the original distance in the low dimensional spaces.

$$\boldsymbol{K}(\boldsymbol{x},\boldsymbol{x}') = \boldsymbol{\Phi}(\boldsymbol{x})^T \boldsymbol{\Phi}(\boldsymbol{x}') \tag{40}$$

In this thesis, we use the Gaussian kernel function.

$$K(x, x') = exp(-\frac{||x-x'||^2}{\sigma^2})$$
(41)

However, unlike previous three approaches, this method can only classify the data set into two categories. We organize the overall data into static motion composed of standing scenario and dynamic motion composed of walking and jogging scenarios. Applied the SVM algorithms, the accuracy can achieve 96.67% with RF characteristics. Yet, an accuracy of 83.3% is obtained with only accelerometer and orientation sensor. Future work needs to classify human body motion into more than two categories with improved algorithms.

# 5 Conclusion and Future Work

# 5.1 Conclusion

This thesis is concerned with the continuous monitoring of human body movements, with a view toward a variety of potential health-care applications. The physical implementations of such monitoring systems will utilize wireless Body Area Networks (BANs), which in turn implies communication links (channels) between sensors and RF elements in each such network. In this thesis, the propagation characteristics of channels are measured, modeled and evaluated with body mounted sensors. The thesis investigated probabilistic models that are derived for wireless communication and human body activity classification. Using a Vector Network Analyzer, three human body motions were measured at MICS band, ISM band and UWB band: standing, walking and jogging. The body mounted sensors were placed at the subject's back, left wrist, left ankle, right ankle and right hip, intended to track the subject's breathing, as well as movements of the hands and feet.

The statistical distribution of received signal strength was investigated with six common distributions: Normal distribution, Gamma distribution, Rayleigh distribution, Weibull distribution, Nakagami-m distribution and Lognormal distribution. Evaluated using the negative log likelihood of the received signal strength, all the measured scenarios were fitted into one of the candidate distributions. The results indicate that the Rayleigh distribution is not suitable for describing any of the three human body movements. Generally, the Weibull distribution is found to be a suitable candidate for all three body motions. But for better accuracy, the Lognormal distribution provides a better fit for standing scenarios in several cases, while the Nakagami-m distribution fits better for walking motion in several cases and the Gamma distribution fits better in a few cases for jogging scenarios.

Level crossing rate and average fading duration are important parameters typically used to describe channel fading characteristics, especially the fluctuation of received signal strength. Doppler spread represents the relative motion between the transmitter and the receiver. For the standing scenario, the Doppler spread is found to be always below 1 Hz. For the walking scenario, the Doppler spread is greater than that for the standing scenario, specifically, around 3 Hz. The jogging scenario will introduce maximum Doppler spread, which is greater than 6 Hz. The coherence time is also analyzed to describe the time dispersive nature of the channel. It is inversely proportional to the Doppler spread. The coherence time is usually below 90 *ms* for jogging scenarios, around 100 *ms* for walking scenarios and more than 200 *ms* for standing scenarios. Moreover, the shape of the Doppler spectrum is described with a Laplacian model, 4*th* order Gaussian model or Polynomial model. By comparing observed RMSE for each of these candidate models, it is found that most of the Doppler spread shapes could be well described with a 4*th* Gaussian model. However, several cases could also be described with a Laplacian model or a Polynomial model.

The inertial sensors, including accelerometer and orientation sensor inside smart devices, are also used to characterize the three human body motions. Mean, variance, energy and entropy are extracted as features to classify different human body motions. The quantitative characteristics of channel modeling for different human body motions could also be applied to solving the activity classification problem. In the thesis, the back propagation, probabilistic neural network, k-Nearest Neighbor and support vector machine algorithm are applied to differentiate human body activities. The detection accuracy can be improved with both RF sensors and inertial sensors.

#### 5.2 Future Work

In order to obtain more accurate channel models, more empirical data must be gathered and evaluated. More extensive data collection campaigns would enable more detailed characterization of the BAN channels and the features that can be utilized in machine learning algorithms. Moreover, the future work should also address the design of algorithms for activity classification, including study of a wider range of activity types, such as sitting, falling down, standing up, eating, and drinking.

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# 7 Appendix

#### 7.1 Appendix I: Time Domain and Frequency Domain Data

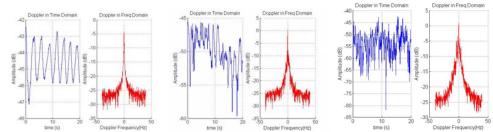


Figure 24: Time Domain and Frequency Domain, Back to Right Hip, Standing, Walking, Jogging, 400 MHz

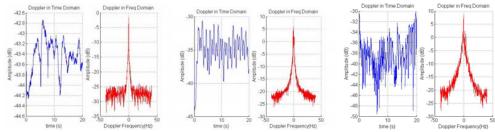


Figure 25: Time Domain and Frequency Domain, Left Wrist to Right Hip, Standing, Walking, Jogging, 400 MHz

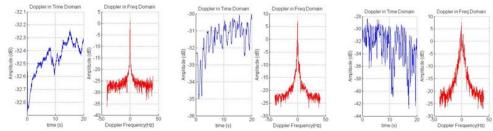


Figure 26: Time Domain and Frequency Domain, Left Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

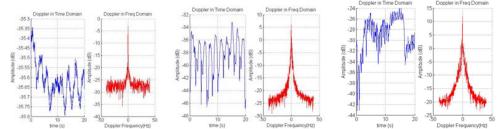


Figure 27: Time Domain and Frequency Domain, Right Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

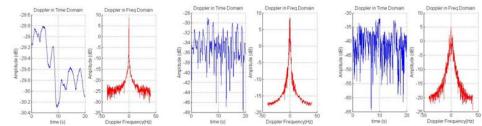


Figure 28: Time Domain and Frequency Domain, Back to Right Hip, Standing, Walking, Jogging, 2.25 GHz

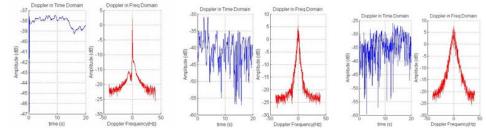


Figure 29: Time Domain and Frequency Domain, Left Wrist to Right Hip, Standing, Walking, Jogging, 2.25 GHz

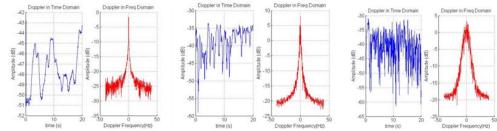


Figure 30: Time Domain and Frequency Domain, Left Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

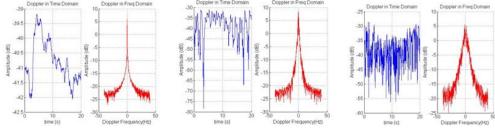


Figure 31: Time Domain and Frequency Domain, Right Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

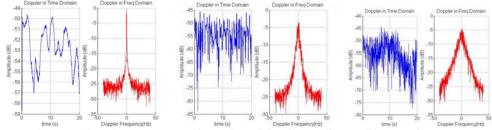


Figure 32: Time Domain and Frequency Domain, Back to Right Hip, Standing, Walking, Jogging, 4.5 GHz

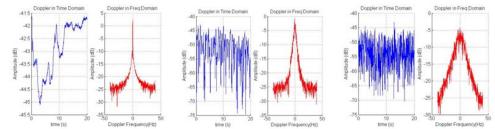


Figure 33: Time Domain and Frequency Domain, Left Wrist to Right Hip, Standing, Walking, Jogging, 4.5 GHz

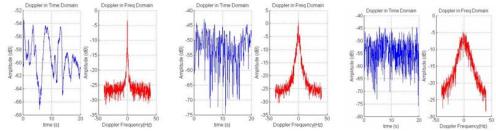


Figure 34: Time Domain and Frequency Domain, Left Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

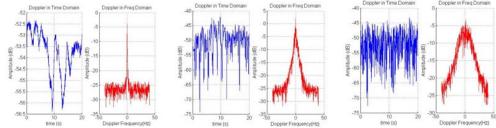
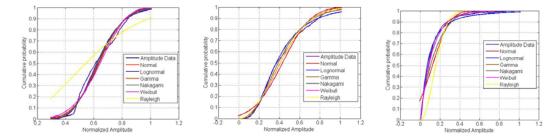
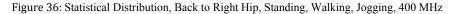


Figure 35: Time Domain and Frequency(tz) to begiver Frequency(tz) to be

# 7.2 Appendix II: Statistical Distribution





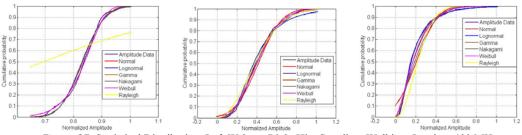


Figure 37: Statistical Distribution, Left Wrist to Right Hip, Standing, Walking, Jogging, 400 MHz

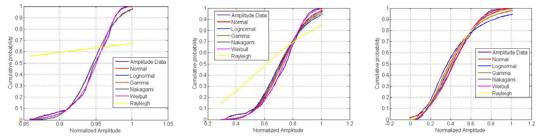


Figure 38: Statistical Distribution, Left Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

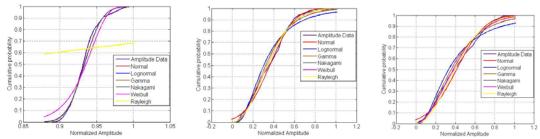


Figure 39: Statistical Distribution, Right Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

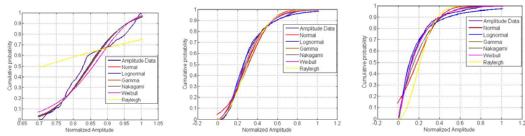


Figure 40: Statistical Distribution, Back to Right Hip, Standing, Walking, Jogging, 2.25 GHz

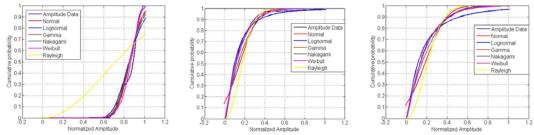


Figure 41: Statistical Distribution, Left Wrist to Right Hip, Standing, Walking, Jogging, 2.25 GHz

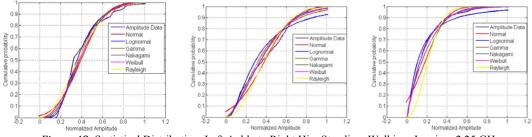


Figure 42: Statistical Distribution, Left Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

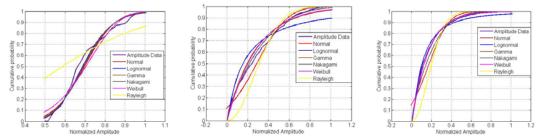


Figure 43: Statistical Distribution, Right Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

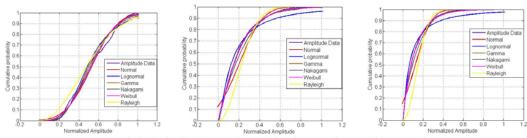


Figure 44: Statistical Distribution, Back to Right Hip, Standing, Walking, Jogging, 4.5 GHz

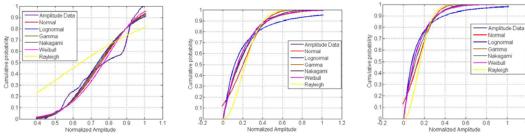


Figure 45: Statistical Distribution, Left Wrist to Right Hip, Standing, Walking, Jogging, 4.5 GHz

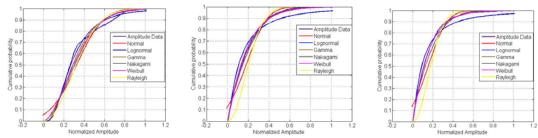


Figure 46: Statistical Distribution, Left Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

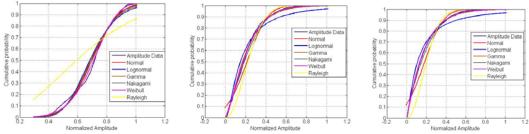


Figure 47: Statistical Distribution, Right Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

# 7.3 Appendix III: Level Crossing Rate

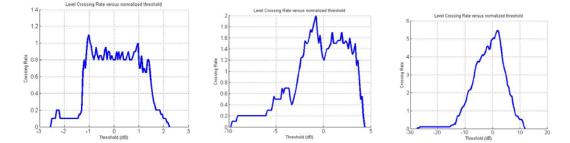


Figure 48: Level Crossing Rate, Back to Right Hip, Standing, Walking, Jogging, 400 MHz

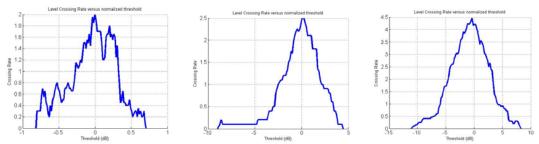


Figure 49: Level Crossing Rate, Left Wrist to Right Hip, Standing, Walking, Jogging, 400 MHz

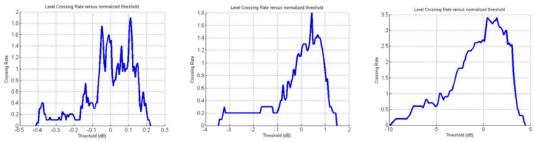


Figure 50: Level Crossing Rate, Left Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

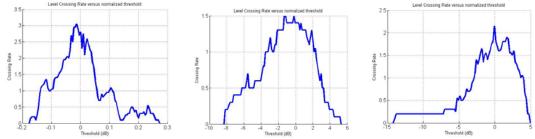


Figure 51: Level Crossing Rate, Right Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

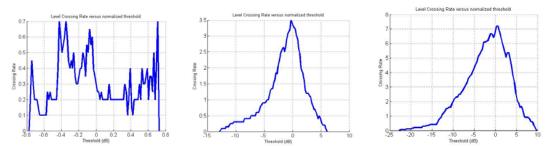


Figure 52: Level Crossing Rate, Back to Right Hip, Standing, Walking, Jogging, 2.25 GHz

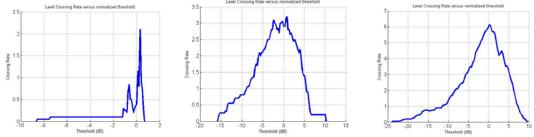


Figure 53: Level Crossing Rate, Left Wrist to Right Hip, Standing, Walking, Jogging, 2.25 GHz

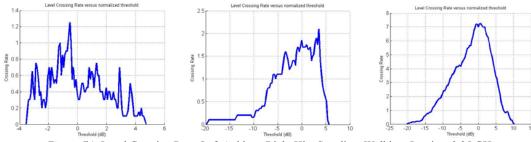


Figure 54: Level Crossing Rate, Left Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

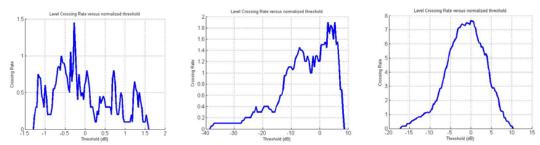


Figure 55: Level Crossing Rate, Right Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

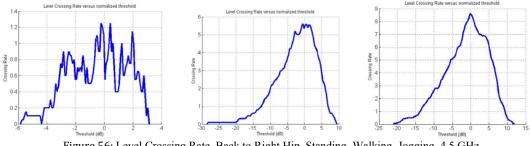


Figure 56: Level Crossing Rate, Back to Right Hip, Standing, Walking, Jogging, 4.5 GHz

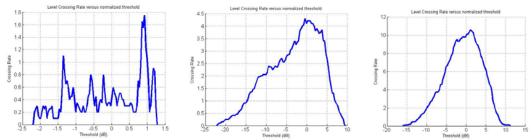


Figure 57: Level Crossing Rate, Left Wrist to Right Hip, Standing, Walking, Jogging, 4.5 GHz

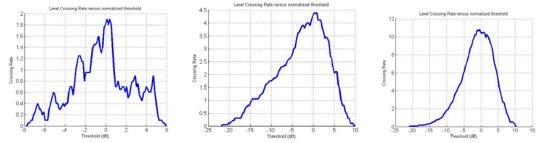


Figure 58: Level Crossing Rate, Left Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

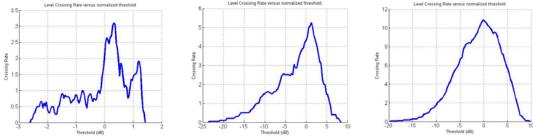


Figure 59: Level Crossing Rate, Right Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

### 7.4 Appendix IV: Averaged Fade Duration

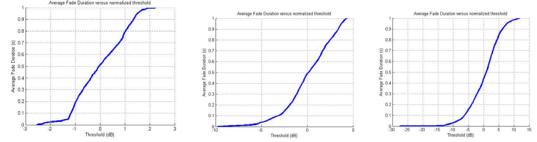


Figure 60: Averaged Fade Duration, Back to Right Hip, Standing, Walking, Jogging, 400 MHz

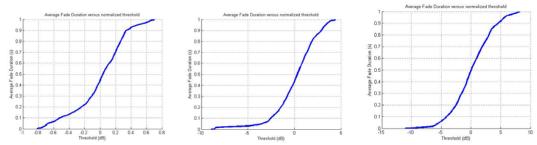


Figure 61: Averaged Fade Duration, Left Wrist to Right Hip, Standing, Walking, Jogging, 400 MHz

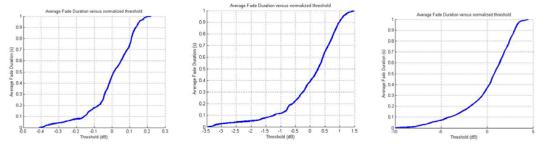


Figure 62: Averaged Fade Duration, Left Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

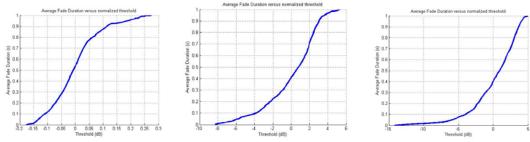


Figure 63: Averaged Fade Duration, Right Ankle to Right Hip, Standing, Walking, Jogging, 400 MHz

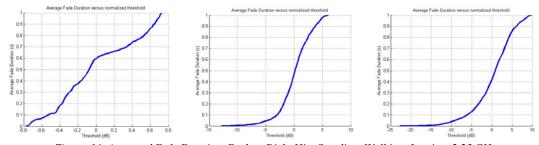


Figure 64: Averaged Fade Duration, Back to Right Hip, Standing, Walking, Jogging, 2.25 GHz

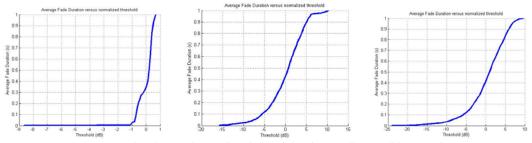


Figure 65: Averaged Fade Duration, Left Wrist to Right Hip, Standing, Walking, Jogging, 2.25 GHz

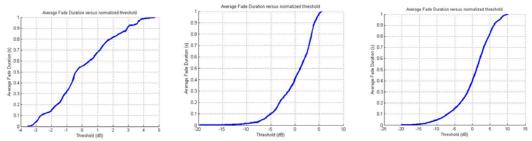


Figure 66: Averaged Fade Duration, Left Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

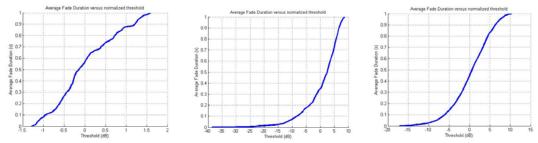


Figure 67: Averaged Fade Duration, Right Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

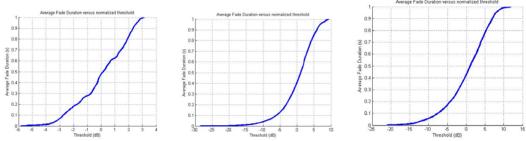


Figure 68: Averaged Fade Duration, Back to Right Hip, Standing, Walking, Jogging, 4.5 GHz

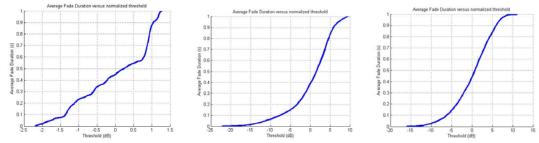


Figure 69: Averaged Fade Duration, Left Wrist to Right Hip, Standing, Walking, Jogging, 4.5 GHz

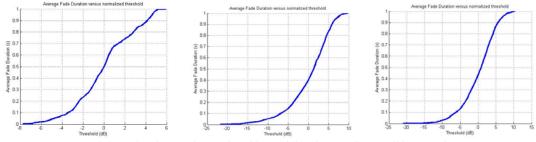


Figure 70: Averaged Fade Duration, Left Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

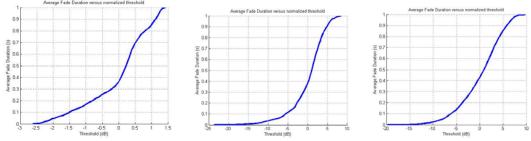


Figure 71: Averaged Fade Duration, Right Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz

### 7.5 Appendix V: Coherence Time

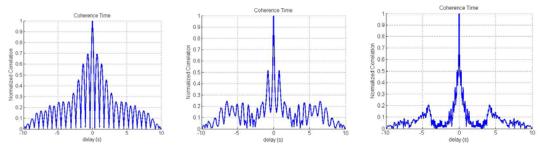
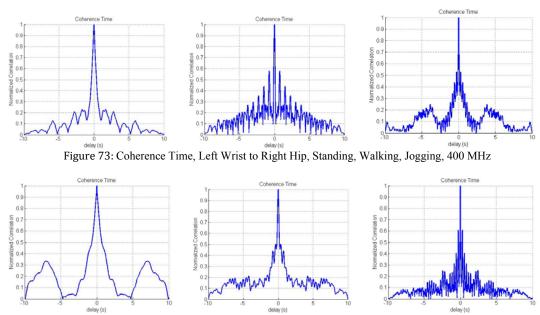
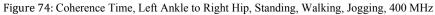


Figure 72: Coherence Time, Back to Right Hip, Standing, Walking, Jogging, 400 MHz





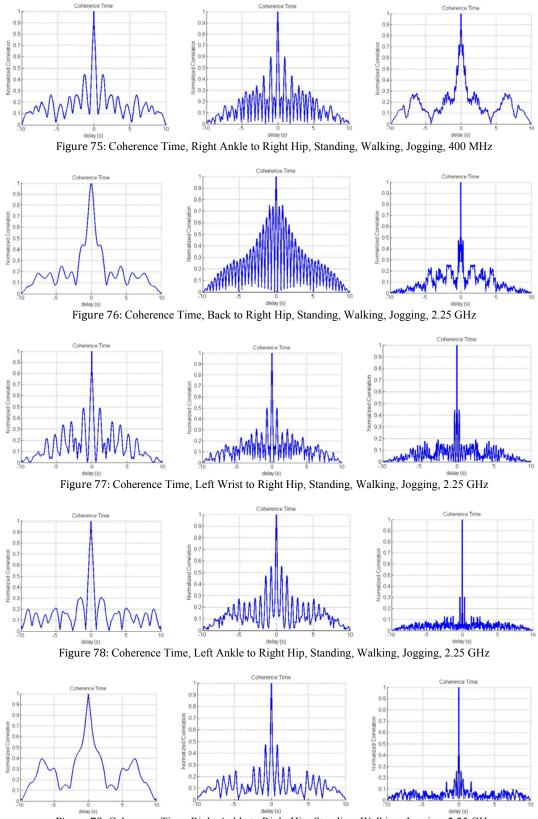


Figure 79: Coherence Time, Right Ankle to Right Hip, Standing, Walking, Jogging, 2.25 GHz

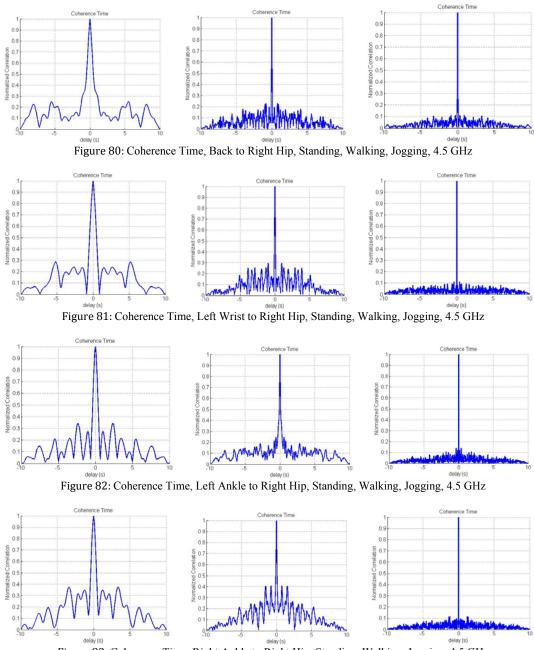


Figure 83: Coherence Time, Right Ankle to Right Hip, Standing, Walking, Jogging, 4.5 GHz